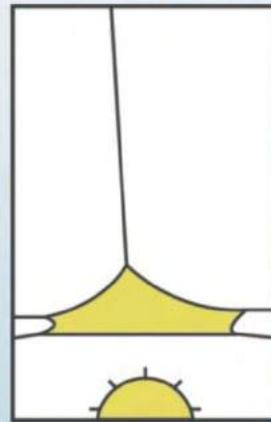


TTARP



**Annual
General
Meeting
2019**

**CENTRE OF EXCELLENCE, MACOYA
12th September 2019**

Mission Statement

TTARP is a legally registered, enlightened organization, designed for Mature Citizens 50 years and over, aggressively seeking the best interest of its members, towards four main objectives:

- To enhance the quality of life of Mature Citizens
- To promote their independence, dignity and purpose
- To lead in determining their role in society
- To improve the image of the Golden Years

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AGENDA

Call Meeting to Order

National Anthem

Invocation/Opening Prayer

Executive Report

OPEN FLOOR - Questions/Comments

Auditors Report & Accounts

OPEN FLOOR - Questions/Comments

Appointment of Auditors

Chairman's Address

Vote of Thanks

REFRESHMENTS

TTARP's Prayer

Heavenly Father, we thank You for bringing us together this day.

Be with us, as we come in fellowship to discuss,
plan and implement our projects and events.

We thank you for allowing us to enjoy our Golden Years together
as we ask You for health, strength, wisdom, peace
and a grateful heart so that we can assist our fellowman.

At the end of our activities today,
take us home safely to our loved ones
to continue to love and serve You.

We praise and thank You.

AMEN

Executive Report 2018 - 2019

The Trinidad and Tobago Association of Retired Persons is a legally registered organisation, incorporated in August 1993.

The Executive Committee for the term 2018-2019 was as follows: -

Mr. Peter Peña	- President
Mr. David Cameron (<i>deceased</i>)	- 1st Vice President
Mr. Geoffrey Lewis	- 2nd Vice President
Mr. Francis Raymond	- Hon. Treasurer
Mrs. Mayling Younglao	- Hon. Secretary
Mrs. Patricia Crossley	- Ordinary Member
Mr. Neville Navarro	- Ordinary Member
Mr. Cecil Paul	- Ordinary Member
Mr. Reynold Cooper	- Co-opt Member
Ms. Joan Lowhar	- Co-opt Member

TTARP's BUILDING

In TTARP's 2017-2018 AGM Report the Officers promised to look at other options in line with our available funds as the design and cost of our dream building was not within our reach. A new simple design has been approved by the executive members. It is a two story, fifty ft. by fifty ft. (50x50 ft.) building (*the New Design is attached for your information under Appendix I*).

TTARP submitted the design and received Town and Country's approval in March this year. Next stage was City Corporation who has acknowledged receipt but must have WASA and Fire approval before the engineers give their final approval. It is a very long and tiresome process but we are optimistic that all the required approvals are within our reach.

NATIONAL ISSUES

The Executive Committee of TTARP has submitted to the Government of the Republic of Trinidad and Tobago several proposals on behalf of Senior Citizens of our country. The recommendations were formulated by the National Issues Committee and approved by the National Executive of the Association for consideration and inclusion in the GORTT National Budget of 2019/2020.

As customary these proposals were submitted to the National Issues Committee by our Zonal groups functioning in several areas around Trinidad and Tobago. Proposals were also submitted by our Executive Committee and individual members. TTARP's proposals are included in *Appendix II* of this annual report.

The Executive and National Issues Committee are heartened by the important inputs from our Zonal Groups. TTARP's proposals to GORTT seek to protect and improve the living standards of Senior Citizens. So, it is vital that our proposals originate from the wide and varied membership as much as possible. Such a wide scope of coverage is an indication that TTARP is active, observant and a reliable advocate for senior citizens. Our past and recent successes, persistent and sensible advocacy for all retirees and seniors have taught us that TTARP is not only important but also vital to our interests and welfare as seniors.

The Executive and National Issues Committee are dependent on and rely on continuing information and submissions from our Zonal Groups and membership on issues relating to senior citizens. Feedback and proposals are essentials to providing quality service to our large and growing membership.

The National Issues Committee thank our Zonal Groups for providing us with the necessary information in formulating and submitting TTARP'S proposals for the 2019/2020 National Budget.

In turn, TTARP's Executive Board wish to thank Cecil Paul and his committee for their continued commitment, to the issues identified by the Zonal members representing the concerns of a wide cross section of senior citizens throughout Trinidad and Tobago.

TTARP's MEMBERSHIP STATUS

We understand that many of our members may have some challenges reaching our office even if it is once per year or once every three years, so we have been using our Volunteer Promoters to meet you halfway at your local Massy and Tru Valu Supermarkets. From September to November 2018, and from April to July 2019, members had the opportunity to renew at these locations or to join. This has been a tremendous success and has aided thousands of members over the period as reflected in the table below: -

	Aug 2019	Aug 2018
Number of Financial Members in TTARP	38,710	37,459

Invitations from various Corporations and Entities are usually extended to TTARP to either do a group presentation or to set up an information booth at Fairs, Exhibitions, Seminars - over the last year, we have done over fifty such Promotions, which is equivalent to more than one every week for the past year.

Our Promoters have played a vital part in the growth of membership and building awareness of the organization from being out in the public eye. We are

very proud of each of them and extremely appreciative of such loyalty and dedication. *(Let us please ask the Promoters in the Audience to stand).*

HOSPITALISATION ASSISTANCE PLAN STATUS

TTARP's Hospitalisation Assistance Plan has been going through its challenges for the past eight (8) years as has been reported at past AGMs. The Executive Committee must be commended for their tenacity in defying all odds and kept this extremely rare benefit available to all members. Unfortunately, with the decreasing membership in the plan and the increase in claims submitted, the Executive was left with no alternative but to discontinue the Hospitalization Plan. The deficit as at July 31st 2019 was about one million dollars. As such this plan was terminated on the 30th April, 2019.

GOLDEN TERM LIFE INSURANCE PLAN

Twelve years ago, The Golden Term to Age 100 life insurance policy offered by Assuria Life (T&T) Ltd. was launched specifically for TTARP members. Over the years, the plan has evolved and is now offered to persons of varying ages and at an increased Face Amount.

No one can predict the future but the Golden Term to Age 100 life insurance policy ensures that you and your loved ones are prepared for any eventuality. This policy can be purchased from as young as 6 months old to 85 years old, providing that you have been in good health and there was no change to your medications within the last 24months.

Should one survive to Age 100, the Face Amount is payable to you at the next policy anniversary. However, if you were to pass on before this Golden Age, then the Face Amount is payable to your beneficiary, protecting your loved ones.

The Face Amount starts from as little as TT\$10,000.00 to a maximum of TT\$300,000.00 with premium payment options monthly or annually.

To learn more about this fantastic policy, please call Assuria Life (T&T) Ltd. at 625-6342.

MY SENIOR CARD

Five years ago, in 2014, a relationship was formed with HealthNet Caribbean Medical and Dental Centre with the introduction of the Senior Card which offers affordable private medical care at extremely affordable price.

MY SENIOR CARD is currently offered at \$365 and provides a doctor visit, dentist visit, CBC, cholesterol, urine and sugar tests plus discounts on other services ranging from 10-20%. This plan was designed to encourage members to be proactive in their health by at least having a basic annual check-up.

Our relationship with HealthNet has since strengthened and today we are happy to announce the launch of MY SENIOR CARD PLATINUM which offers additional benefits. The biggest advantage of this plan is the FREE Unlimited Doctors' Visits, which means that a member can walk into any HealthNet Clinic, see a doctor and pay absolutely nothing. Other benefits are an annual medical check-up on your Lipid (Cholesterol), Creatinine (kidneys), CBC, 10 panel Urine Analysis, AST/ALT (liver), ECG (heart), Pap Smear /PSA (prostate) - cancer, and a dental exam. Similar to the Senior Card, discounts on other medical services are also offered ranging from 15 -30%. MY SENIOR CARD PLATINUM is offered exclusively to TTARP members at a rate of \$999 per year. We cannot stress the importance of getting checked annually since "Prevention is always better than Cure", and one can

definitely take advantage of Unlimited FREE Doctors' visits.

These Two Plans offer Members the choice of joining My Senior Card at \$365 a year, which is just \$1.00 per day or the My Senior Card Platinum for \$999 a year. This caters for all budgets and we hope you take advantage of these offers since it was designed with you in mind.

O50Q MAGAZINE

For the period under review, three magazines were published and distributed to the Membership. We are extremely honoured to have been able to photograph and obtain an interview face to face with Her Excellency, Paula Mae Weeks who was featured in our August 2018 magazine. Her Excellency is a TTARP member and has been very supportive of our efforts, she is also the Patron of TTARP.

The December 2018 magazine was most informative and covered mostly our 25th Anniversary events and our History and accomplishments. The April 2019 magazine featured Katherine Kumar, a lady - power house and her rise to success.

It takes a lot of coordination and time and effort to put together such a publication and we thank all our Cover Story Personalities, Feature Writers, Photographers, Zonal Contributors, Creative Writers, Graphic Artists, Editors, Advertisers, Other Contributors, our Copy Reader – Mrs. Ruth Frazer-Munroe, and Sapphire Consultants for making this possible.

This is the 19th year of Publication of the O50Q Magazine, and we trust that you enjoy reading each issue. It is our main way of letting you know what is happening in the organization and in the zones each

quarter, and each issue is exciting with new offers from our Discount Partners so read and take advantage of these offers.

Your magazine would be mailed every April, August and December. If you do not get mail at home, remember you must go to the Post Office to collect or it will be returned to us, and this is an expensive wasted cost. We do not mail a second magazine. Also, if you have moved please contact the office and provide us with your new address.

Do you know that you can view O50Q magazines for past ten years on www.ttarp.org?

Please check it out!

As usual, we remind members that you can access copies of past magazines online at www.ttarp.org

HEAD OFFICE ADMINISTRATION

The activities at Head Office seem to have exploded since our 25th Expo in 2018. Not only has the membership seen a steady climb but TTARP has made an impact on cooperate Trinidad. Head office are receiving several invitations to present TTARP at their Pre-retirement or staff services events.

Needless to say TTARP's promoters have saved the day and we continue to rely heavily on their outstanding service. Promoters have been presenting TTARP at the various institutions requesting our presence. As a result, a massive re-training with an added twenty (20) new promoters have been in training. All will be at the various Massy Stores in September.

TTARP Head Office continue to organise overseas travel with a successful Alaska Cruise in May that was

experienced with sixty members. Two more trips for 2019 Las Vegas in September and Dubai in November.

For 2020, The Baltic Cruise is definitely a Bucket List item. TTARP was given twenty-five (25) cabins, one third of which have been already booked, Countries visiting includes Sweden, Finland, Russia and Estonia. For the rest of the year, TTARP 5K on 2nd November, Christmas Gala Event on the 23rd November and a Yard Sale on 7th December on TTARP's compound 165 Belmont Circular Road.

Head Office Administration and The Executive Committee recognises its lost with the passing of TTARP's beloved 1st Vice President David Cameron on 20th May 2019. The void created is massive.

The Executive Board members, wish to express their deep condolences to all our members who have crossed over into a better place. May God bless you All.

Please be reminded to regularly view our Website (www.ttarp.org); like our Face Book page (TTARP an Association of Responsible Persons), and to also add us as your Face Book friend (TTARP Responsible Persons). These are just some of the avenues we will be using to keep in touch with you, as our membership grows. Please let us know if your name, address, phone numbers or email has changed.

ARIMA ZONAL GROUP

The Eastern Arima Angels Zonal (EAAZ) Committee was elected on October 12, 2018 for a two-year period, 2018/2020. They are: -

Chairman	Peter Nock
Vice Chairman	Gerald Craigwell
Secretary	Carol Bain

Assistant Secretary	Patricia Young
Treasurer	Margaret Isaac
Assistant Treasurer	Judith Gonzales
Public Relations Officer	Annette Young
Trustee	Wilma Mc Clean
Trustee	Wendy Maunday
Trustee	Kenwyn Scott

The Heads of Standing Committees selected are: -

Advisor	Aldwyn Brewster
Social Services	Janet Homer
Choir	Allison Johnson-Parks
Education	Sylvia Shallowe
Arts & Craft	Sandra Sydney
Events	Victoria Williams
Tours	Hollis St Cyr
Administrative Assistants	Jennifer Walker Maynard Juliana Marcano

Membership

EAAZ's membership has been increasing over the past few months with 175 – 200 members attending General Meetings every first Friday of each month. On all other Fridays about 100 plus members visit to participate in various recreational activities, such as lectures and craft courses. Overall, there are approximately 350 financial members.

Our Committee meetings are held every third Thursday of each month at the Arima Borough Corporation Conference room.

Zonal Activities & Achievements/ for 2018 – 2019

The Zonal Committee was successful in drafting and introducing a Zonal Membership Guidelines policy. With the approval from the membership, this policy was implemented and has also been shared with other Zones.

November 2018 - the Choir held a concert, entertaining members and friends.

December 2018 - Christmas Luncheon - Members were welcomed by the Chairman and were serenaded by entertainer Perry Shade and a DJ. Certificates of Appreciation were presented to some members for Exceptional performances. It was well-attended.

January 4, 2019 – “Ends Lime” - Members were asked to bring some “left overs” from the Christmas Season to share among each other.

February 22, 2019 – Carnival Lime – arranged by the Events Committee, 167 members and visitors were treated to Parade of Two Bands and some individual characters. The first band to cross the EAAZ Carnival stage was ALL AH We is one Famalee, with portrayals such as High Lee, Cheeky Chung, Jet Lee, Long Tonge, How Chung, Bail Lee and Love Lee.

The second band crossing the stage was “Tribute to Calypsonians” such as Mighty Shadow, Lord Kitchener, David Rudder, Sparrow, Stalin, Destra and Calypso Rose. The Individual characters left members with memories such as:

Discipline – Doh lie, talk d troot

Tolerance – Horn meh, buh, doh leave me

Production – Twins only: eight + 2 in D oven

Kamla make Rowley lose his sandals in Tobago.

It was not a competition, so at the end all participants were presented with a token.

March 13, 2019 – Carnival Kool Down. This event was held at a venue called Bird Nest, Demerara Road in Arima. Members had a good time socializing with each other, playing cards, table tennis and bathing in the pool. Forty-five members attended.

April 16, 2019 – Thirty-four members including grandchildren visited the Pitch Lake at La Brea. This visit was as a result of invitations from the La Brea and Tobago Zonal members. Some members went on a tour of the Lake and were given its history by tour guides. Other members remained socializing and playing card games or just enjoying the environment.

April 24, 2019 – Members visited Sun Splash in Debe.

April 26, 2019 – Lecture by Dr. Anthony Pottinger, Gynecologist/Oncologist presented a lecture on Cancer Awareness to members of the Arima Zone. This was very informative for both males and females in the audience. The time was really not enough.

May 3, 2019 – There was an attendance of 188 members at a General Meeting which was the largest number in recent times. The Chairman Spoke on Safety Awareness and emphasized that we must be alert of our surroundings at all times.

May 10 -16, 2019 - Forty-five Arima Angels travelled to Cancun, Mexico. It was a wonderful experience.

May 31, 2019 – Mothers’/Fathers’ Day. The venue was transformed into an “Enchanted Garden” atmosphere; which was the theme for the evening. The Chairman welcomed the 150 persons in the audience and introduced the Master of Ceremonies, the humorous Errol Fabien. The Fathers were serenaded by entertainer Ingrid Sebro and the Mothers by our own Tyrone George. There were seven models that graced the runway with their elegant outfits. Members were invited to a sumptuous dinner following the modelling show. There were lots of giveaways and door prizes. The final act was a pan repertoire by Kimberly Royale Steel Orchestra; comprising of Rita Williams (member) and

her children and grandchildren. Members thoroughly enjoyed the evening.

June 12, 2019 – Eastern Arima Angels journey on a guided tour to Moruga. The first stop was the St Clements Anglican Church, in St Madeleine. In the churchyard we saw a monument erected in memory of the 600 million slaves who met their deaths while travelling the Atlantic during the slave trade in 1671-1834. This monument was dedicated by Pastor Kwame Mohlambi on July 20, 1997, and is one of the historical sites listed on the Heritage Asset Register. The tour was very informative and kept everyone interest peaked. The tour ended at the Moruga beach where there was a lighthouse and statute of Christopher Columbus. Arima Angels also met Mr. Paul Navaro, the oldest Amerindian Chief in the Western Hemisphere who was 100 years and looked like 80 years old. The day ended with members relaxing at the beach front.

July 2019 – was the month of our 17th Anniversary. A calendar of events was developed to celebrate the occasion.

On July 5th using the song “Gone too soon” by Michael Jackson our General Meeting began with a solemn ceremony honouring our members who had passed from this life and had been called to a home of Peace and Eternal Rest. Both the Chairman Peter Nock and Head of Social Services Committee, Janet Homer lit a candle each in remembrance of our passed brothers and sisters.

To close off the celebration for that day a Dutch auction was held by the Art & Craft Committee and the monies donated to EAAZ Account.

July 12th – There was Karaoke entertainment with 15 members participating, a humorous comedy and quiz

presented by Lynette Maule. The evening closed off with an award presentation recognizing five of our members who made sterling contributions during the period 2018/2019:

Victoria Jemmott – Strong advocate for reinstatement of the Arima Bus Terminus as a transport hub;

Annette Young - Humanitarian, long and outstanding service to the EAAZ;

Pamela Raphael - Assisting Greenvale flood victims;

Waldron John - Providing transport to the Service Committee; and

Cynthia Hutchinson - Post Humus Award – Assisting Greenvale flood victims.

July 19th – It was an evening of fun and games followed by the Line dance and two sessions of aerobics burnout.

July 23rd – Arima Angels spent the day at La Playa Del Este, Salybia. It was a day of fun and excitement. The Event coordinators took members back in times with models from the eighties. Members expressed their satisfaction and appreciation for a well-planned and well-coordinated day and requested a repeat soon.

July 26th – The Choir hosted in house entertainment together with other members who were invited to participate and showcase their talent.

Upcoming Events

- September 18th Trini River Lime
- October 18th Back in Times Party
- October 25th Art & Craft Display
- October 30th Mall Hopping

- November 1st Raffle draw
- November 29th Choir Christmas Concert
- December 13th Christmas Luncheon

Social Services Committee Projects

The Social Services Committee continue to work in the community visiting Homes such as Kedells Home, Tony’s Home, Juliet’s Home donating food stuff and toiletries. Clothing, cups and snacks and foodstuff were donated to Joshua Home for Boys and clothes for the boys at the Plainview Home.

Future Plans

An 8night Southern Caribbean Cruise 2020 from May 16 - 24, 2020. Visiting countries such as Aruba, Bonaire, Amber Cove and La Romania. Amber Cove and La Romania are 2 ports in the Dominican Republic.

Arima Angels anxiously awaits the good news on the proposal of the recommendation for TTARP receiving a National Award.

Respectfully submitted by

Ms. Carol Bain,

Secretary of the Arima “Eastern Angels” Zonal Group.

Arima “Eastern Angels” Zonal Group
Venue: Arima Tennis Court
General Meeting - 1st Friday of Each Month (3-5pm)
Weekly Socials - All Other Fridays (1-6 pm)

BELMONT ZONAL GROUP

Our group assembles for Monthly, Executive and Committee meetings each month, at Colm Hall, Belmont Circular Road.

Membership

The Bees’ membership has increased significantly over the period and now stands at approximately three

hundred (300), with attendance at monthly meetings averaging about ninety (90).

Recognition was recently given to Ms. Gemma Fraser, our longest standing member (2005-2019) who was presented with a plaque by Chairperson - Gloria Jones. The current **Executive Team** comprises of:

Chairperson	Gloria Jones
Vice Chairperson	Stanley Job
Secretary	Delano George
Assistant Secretary	Jemma Carrington
Treasurer	Genevieve Holder
Assistant Treasurer	Maria Thomas
P.R.O.	Louise Quamina
Trustees	Anthony Pierre Gemma Fraser
Committee Members	Maria Hall- Johnson Veronica Paul Patsy St. John Alexander Kenneth Charles Yvonne Permell

Zones’ Activities/Accomplishments 2018-2019

For the period under review, the group hosted and attended quite a number of interesting motivating and innovative events, viz:

- Making and decorating a tree (which can adorn any sector of one’s residence);
- Independence Celebration, (where members attired themselves in an array of fashions, indicative of the country’s national colours);
- Fun Lime (indoor games, refreshments, card game, etc.)
- Visit to the “Santa Cruz Green Market”;
- Emancipation Celebration (African wear being the choice attire, as part of our Monthly meeting);

- ‘Mumbai India Tea Evening’ (dress- Indian wear);
- Senior Citizen’s Day (seniors were hosted and presented with gifts);
- Children’s Christmas Party;
- Annual Christmas Get together;
- Regular meeting/ Carnival Lime/ Calypso Competition;
- Valentine’s Day (visited Calypso tent @ N.A.P.A.);
- Family Fun/Sports Day @ the Hollows;
- Thanksgiving / Prayer Breakfast;
- Visit to Tobago;
- Fun Tour - Down the Islands;
- Indian Arrival Day Lime;
- Mothers’/ Fathers’ Day Function;
- Know your country – Tour to Coconut Factory, Icacos;
- Trip to Martinique;
- Zonal Games Fiesta Weekend (in Tobago); and
- Birthdays are celebrated quarterly.

The aforementioned activities serve to generate a high level of camaraderie and bonding. Spirits are lifted, which augurs well for a rejuvenation of body and mind.

Future Activities / Plans 2019- 2020

- Sept. 14th. - Visit to Carat Shed and The Pitch Lake;
- Sept. 22nd. - Church Day (visit to St. Ann’s Church of Scotland);
- Sept. 24th. - Republic Day Lime;
- Oct. 26th. - Tea Evening (Dress code-Lebanon/ Syria wear);
- Nov. 02nd. - B/B Que (@ TTARP’S compound – Belmont Cir. Rd.);
- Nov. 16th. - Senior Citizens’ Day of Love and Care;
- Dec. 08th. - Children’s Christmas Party; and
- Dec. 14th. - Annual Christmas Get together.

Community Work/ Achievements

Significant Contributions in various forms were made to the following entities in the community:

- St. Margaret’s Boys A.C.
- St. Francis Girls R.C. School
- St. Francis Girl’s R.C. School
- Melville Memorial Girls A.C. School
- Escalier Primary A.C. School
- St. Andrews Home

The Group makes frequent visits to Hospitals and Homes, comforting our ailing members and friends.

Hampers were presented to flood victims in the community and also to an affected member from another zone.

Donations made to various schools in the zone are geared towards assisting in their Breakfast Programme.

The benefits derived from the groups’ community work, redounds well for the welfare, empowerment and development of the Community’s youth and seniors.

Additional Info

The Zone continues to develop, due to its committed membership and well-wishers’ input. We must however be reminded that *United we Stand, Divided we Fall*. Let’s stay focused and strong, because we are our greatest asset.

A recently conceived idea of forming a Wellness/Welfare/Visiting Committee was realized and five (5) members were assigned the responsibility, to offer the services to members of the Zones.

Conclusion

On behalf of the Executive and members of Belmont Bees, we extend our heartfelt thanks and appreciation for the support received, over the period under review, from units within and outside the community. Special mention must be made of our parent body, TTARP, which has kept our hopes high with solid support and edification.

Respectfully submitted by

Mr. Delano George,

Secretary of the Belmont “Bees” Zonal Group.

Belmont “B’s” Zonal Group
Venue: Colm Hall, Belmont Circular Road, Belmont
Meetings: 4th Tuesday of each month at 5pm

CENTRAL ZONAL GROUP

Central Pride Activities are conducted three days per week - Yoga and Aerobics on Tuesdays; Ballroom Dancing and Getting Comfortable with Technology on Wednesdays; and Tai Chi and Singing on Thursdays.

In addition to this, several Field trips were conducted during the period. These programmes assist in fulfilling TTARP’s mandate to promote and enhance the quality of life for mature citizens and facilitate members who gather in a spirit of camaraderie to participate in the various social activities.

Central Annual General Meeting 2019

At the Central Regional Sport Arena, Chaguanas on Thursday 23rd May, 2019 the 2019-2021 Executive Board members were elected, they are:

Chairperson	Ms. Faith Calliste
Vice-Chairperson	Mrs. Janet Rawlins
Secretary	Mrs. Lynette Drakes-Brown
Asst. Secretary	Ms. Tessa Bruno
Treasurer	Mrs. Portia De Silva –Ifill

Asst. Treasurer	Ms. Ann Williams
PRO	Mrs. Yvonne Knights
Trustee	Mrs. Lisa Johnson
Trustee	Ms. Theresa Williams
Committee Member	Mrs. Cynthia Amoroso
Committee Member	Mrs. Carol Huggins-Benjamin
Committee Member	Mrs. Eileen Chrysostom
Committee Member	Ms. Merle Sandiford
Committee Member	Mrs. Florence Skinner
Committee Member	Ms. Kimlin Leung

Social Events

On Thursday 13th September, 2018 members journeyed to the Centre of Excellence to attend TTARP'S Annual General Meeting which began at 10.00am. It was a day full of information and camaraderie as members of the various Zones listened attentively to the proceedings and interacted with each other.

On Friday 28th September, 2018, twenty-four (24) members boarded a chartered maxi at Mid –Centre Mall, Chaguanas to attend the annual UWI Cocoa and Chocolate Fest Exhibition. The booths displayed the versatility of the cocoa plant as its fruits were made into various edible and inedible items. Representatives from the Ministry of Agriculture, Land and Fisheries were also present. They showcased several known and unknown local fruits and distributed planting material to interested persons.

On December 6th one hundred and twenty members and well-wishers journeyed to Paria Suites, La Romaine for a Christmas Luncheon. Persons were not disappointed as they enjoyed a delicious meal and were well entertained in songs and dance. Five (5) Door Prizes received from various Corporate Citizens, including Head Office, were won by lucky persons. We were happy to have Mrs. Mayling Younglao, Honorary Secretary, as TTARP's (HO) representative. At the end

of the formal session, members came out on the dance floor and showed off their dancing skills to the sweet sound of our resident DJ, Michael Lawrence. It was indeed a fitting end to our Zonal activities for 2018.

On Saturday 26th January 2019 we held a small In-house Bingo at the Sport Arena. It consisted of nine (9) games inclusive of a Blackout Jackpot Bingo. Our thanks go out to members who donated prizes, thereby minimizing our financial output.

Our **2019** Carnival Lime was held at the spacious Warrenville Regional Complex, on Saturday 23rd February 2019. We did not attract a big crowd as our event coincided with the popular Calypso Fiesta normally held at Skinner's Park, San Fernando. This did not dampen spirits as our Ole Mas and Calypso events were well appreciated by the audience. Our resident DJ, Mr. Michael Lawrence, provided us with sweet Soca music and even a bit of electrifying R and B music which made everyone dance the Electric Slide.

On Thursday 28th February twelve (12) of our members were fortunate to attend the free 'Kaiso for Silvers' show at the UTT Campus, NAPA, Port of Spain. These tickets were given out to various zones at TTARP's bi-monthly meeting held in Belmont on February 21st. The show featured both young and senior artistes belting out kaiso through the ages. It was hosted by the Ministry of Community Development, Culture and the Arts and ensured that seniors were not left out of the carnival fun. It was an enjoyable evening which saw us strolling down 'memory lane' as we recalled our youthful days and captured new memories.

On April 11th approximately thirty –five (35) members were fortunate enough to obtain tickets to attend TTARP's Health Seminar at Radisson Hotel, Port of

Spain. Members arrived early and joined the throng wanting to be screened and tested by various health professionals before listening and actively participating in the various lectures. This Health seminar has clearly outgrown Radisson Hotel. Never the less it was a day well spent.

Our Hat Parade, was held on Sunday 27th April, 2019. Our models were once more in action as hats in formal and casual wear were displayed complete with the appropriate outfits. The audience were encouraged to wear hats and the top three creative hats were adjudged winners and awarded prizes.

Our Games Lime was held on June 06th at the Arena. About thirty-five (35) members and well-wishers met to participate in various games inclusive of, All Fours, Go to Pack, Romey, Ludo and Snake and Ladders. Refreshments comprising non-alcoholic drinks, phulourie, corn soup, curry corn and sweet bread were on sale. There was a lot of camaraderie throughout the evening. The event was quite successful. It was an evening well spent.

On June 26th members and well-wishers of Central Pride enjoyed tea at Jaffa's in a combined celebration of Mothers' and Fathers' Day. We arrived before the scheduled start time and milled around the corridor as we awaited our call. We were not disappointed as the chefs prepared an assortment of sumptuous goodies to accompany the various teas served. Then there was dessert - cakes, pastries, ice cream and more - wow!!

On July 06th Central Pride held a Fashion Show themed "Laugh, Live and Love 2" which featured Central Pride models. The show was coordinated by Mrs. Carol Huggins- Benjamin, one of our Committee members. It featured Retro Fashions, Designer, Patriotic and Formal wear. The Designer garments, designed by four (4) different Designers featured

clothes in bright colours of orange, blue, green and yellow designed by Bernadette Brathwaite, Erma Hector-La Borde, Carol Huggins-Benjamin and Annmarie Harper, respectively. The formal wear incorporated a "Dougla" wedding as its theme. In addition to the modelling, the programme also featured comedy, steel pan music, dancing and drumming. It was a great show which lived up to its theme. It was well received by all.

On July 31st both the Dance Class and the Information Technology Class held their Christmas in July/ end of term celebrations.

Birthday Celebrations

The Golden Voices, Central Pride's In-house Choir, held their quarterly birthday celebrations on November 22nd 2018, April 25th 2019 and July 25th. During those celebrations the birth of members born within the specific quarter were celebrated. Both July and November saw the Voices combining their celebrations with festivities as July's celebration incorporated a 'Christmas in July' theme while November's celebrations incorporated the end of year festivities.

Interactive Meetings

In 2018, Meetings were held on September 18th, and November 15th. In 2019 we held meetings on January 15th, March 14th, May 07th and July 18th. At each meeting our Guest Speaker brought us pertinent information relating to Diabetes Mellitus, Texaco Employee Credit Union and its Group Health Plan, Estate Management and Planning, Electrical Safety and Conservation and Crime Prevention. All meetings included a question and answer segment where members were able to seek answers to various questions. Additionally, members were advised of upcoming events and up to date reports, on our finances were given by the Treasurer, Mrs. Portia De

Silva-Ifill. Our November meeting included a Craft Market in lieu of a Guest Speaker. Based on the success of the market, the Board took the decision that our November meetings will incorporate a Craft Market where members and well-wishers can do their early Christmas shopping.

Outreach Events

Our Outreach activities included:

1. Our annual Christmas visit to the Beckles Street Home for the Aged, Chaguanas on December 12th 2018 by some members of the Board and the Golden Voices. We entertained the residents with songs and dance and provided a sumptuous Christmas lunch and tokens;
2. On July 11th 2019 the Golden Voices visited and entertained Ms. Gemma Sylvester, one of the 'Voices' who is ill and unable to join us; and
3. We have opened up various chat groups where our members, including our 'shut-ins,' keep in touch with each other on a daily basis.

Other Matters

- a. All Zones were encouraged by TTARP HO to get on board to increase the membership. As a consequence, flyers were given out in the community of Edinburgh 500. Additionally, members are encouraged and reminded at each Interactive meeting and opportunities taken to discuss TTARP and its benefits at various events attended. These actions have resulted in an increase in membership.
- b. On March 24th 2019 we achieved our sixteen-year milestone. It was a quiet event noted only on our Facebook page where we received

several congratulatory messages. This event will be celebrated throughout the year with special emphasis at our Cultural Appreciation and Thanksgiving event carded for October 21st, 2019.

- c. Several of our members have passed during the period under review, the most recent were Joyce Riley and her husband Daryl Riley who died on July 31st and August 09th respectively. May the souls of all the departed rest in peace.
- d. On August 10th some of our members travelled to Tobago to participate in the All Fours Fiesta and support our two Teams at the John Dial Multi-Purpose Facility.
- e. On August 16th members joined with the Eastern Angels to celebrate Emancipation at the Arima Tennis Club.

Upcoming Events

- a. On September 12th we plan to attend TTARP's AGM at the Centre of Excellence, Macoya.
- b. An Interactive Meeting is carded for September 17th at the Arena with a Guest Speaker to be confirmed.
- c. On October 21st we will be having our Thanksgiving and Cultural Appreciation Event where we will be giving thanks for the many blessings received over the years.
- d. On November 14th we plan on having our Craft Market in conjunction with an Interactive Meeting. There will be no Guest Speaker. Members will be able to make an early start to their Christmas shopping.

- e. Our Christmas Luncheon is carded for Thursday, December 05th when our members and well-wishers will come together in a spirit of camaraderie for a fitting 'end of year' celebration.
- f. In mid-December some members of the Board and the Golden Voices will be making our annual visit to the Beckles Street Home for the Aged, Chaguanas, to spread the Christmas cheer.

Conclusion

On behalf of the Committee, I hereby extend a heartfelt thank you to all who assisted in making the period under review the success it was. Special thanks go out to our sponsors with particular reference to our parent Body TTARP, Phoenix Park Gas Processors, Xtra Foods Ltd, and National Flour Mills who never fail to support us in our various endeavours, the Entertainment and Fundraising Committee, led by Mrs. Janet Rawlins, who ensure that our events are smoothly executed, the Central Pride models led by Mrs. Carol Huggins- Benjamin who keep our name 'in neon lights', our in-house DJ, Mr. Michael Lawrence who responds positively to us, sometimes at short notice, our dependable Drivers, Mr. Fareed Baksh and his team and Mr. Paul Ramganese who provided us with safe transport, our members and well-wishers who generously donate to our various events and continue to support us in spite of the challenges they may face. We graciously thank all of you and hope that we will continue to have a fruitful relationship.

Respectfully submitted by

Mrs. Yvonne Knights,

PRO of the Chaguanas "Central Pride" Zonal Group.

Chaguanas "Central Pride" Zonal Group
 Venue: The Central Indoor Sport Arena, Manic Street,
 (new Saith Park), Chaguanas.
 Meetings: Every other month at 11:00 am

The Corals Zone is pleased to present a snapshot of our activities, achievements and accomplishments for the year under review.

Our Zone continually seeks to feature a host of interesting lectures and presentations. For the current period, our Members have been very fortunate to have gained valuable information from the following:

- ✓ A Presentation on Wills - On every occasion that this topic has been put forward, Members are given a whole new range of pertinent information. We hope to finalise an arrangement with the Presenter's Law Firm whereby we can seek legal assistance at reduced rates.
- ✓ A wealth of financial data was put forward by the Representatives of the Securities Exchange Commission. We learnt all about the pitfalls of pyramids and Ponzi schemes, as well as about the finer points of various types of investment. It was truly, a goldmine of a Lecture.
- ✓ Nutrition - the best and healthiest combinations for a balanced diet).

In addition to the above, the Corals engaged in the following activities:

- In the month of May 2019, we enjoyed a Luncheon to fete and honour our Mothers and Fathers. Our Guest of Honour at this year's Event was a 96 year old member.

- Once a year, we treat ourselves to a day at the sea-the Pigeon Point Resort, to be exact. We use this opportunity to hone up on our board or card game skills, immerse ourselves in the sparkling salt water, partake of our mixed selection of lunch or snacks, or just bask in the cool shade of our rented cabana.
- Our 6th Annual Variety Concert raises funds for our various initiatives, and also serves to highlight and feature the talents and skills of some of our own Colleagues; every year, a new Star is born!

byline here is, *“If I can sit and pray or dine with my neighbour, we certainly should get to know-and understand- each other better”.*

- Recently, one of our Members has been in contact with a Home for battered women on our island, and she even took the initiative of using her own location as a collection point for receiving parcels of essential items for delivery to this Establishment. It is our intention to have a definite link or liaison with this Home and its Occupants, who are all someone’s daughters, someone’s wives, or someone’s mothers.

List of present elected Officers

POSITION	NAME
Chairman	Selby Cole
Vice-Chairman	Winston Gordon
Secretary	Rawle Anderson
Assistant Secretary	Heather Caruth
Treasurer	Geoffrey Lewis
Assistant Secretary	Auldith Barry
Trustee	Pamela Hepburn
Trustee	Roger Brathwaite
Public Relations Officer	Zilpah Edwards-Moore

Additional information

Our Zone is in the forefront of using social media (in this case, whatsapp) to keep in touch with one another, and to disseminate our items of news, notices and information as widely as possible. Between meetings, we make announcements of coming Events, so that, through this medium, even those who don’t actually attend meetings can nevertheless keep abreast of all that is happening. This includes for example all relevant information from Head Office such as Tours abroad or the Activities taking place on the TTARP Calendar. Suffice it to say that the possibilities of this new electronic window are endless.

Community Work

- Members of our Corals Visitation Committee continue to visit Seniors’ Homes in our region, as well as sick or shut-in Members of our Zone. It is also our intention to monitor Members who have not been attending meetings and to check with them.
- Each year, we continue to worship with one (1) of the Religious Congregations in our area. As pointed out before, we see this initiative as a very vital method of interacting with various Members of our community, with whom we might not usually have direct contact. The

Our Closing Statement

For an Organization such as ours, with such a rich heritage and history - i.e. the Trinidad and Tobago Association of (never) Retired Persons - the sky is the limit, and we can go in no other direction but **UP** and **UP**. At the end of this Report, we certainly would not fail to mention and applaud our Mentors at head office. Under the astute yet motherly watch of our beloved Mayling, our twenty-five (25) year young Association continues to GROW from strength to

strength. And this Tobago Group, which would attain the age of twenty (20) next year, intends to be right there, partaking in all the Activities, ventures and travels, during this wonderful journey called life.

Respectfully submitted by

Mr. Selby Cole,

Chairman of the Tobago “Corals” Zonal Group.

Tobago (Corals) Zonal Group

Venue: Happy Haven School, Signal Hill, Tobago.

Meetings: Every 2nd Saturday of the month (3:00 pm)

DIEGO MARTIN ZONAL GROUP

The period under review has been a trying one for Western Pearls having had to rectify several procedural and financial issues that were transferred to the new Executives, who were elected on January 12th, 2019.

The newly elected officers are: -

Chairman	Emerita Sambrano Church
Vice Chairman	Elizabeth Nanton
Secretary	Claudette Smith
Asst. Secretary	Aneta George
Treasurer	Greta Frank
Asst. Treasurer	Elizabeth Charles
PRO	Vacant
Trustees	Kathleen Nelson George Padia

NB: An Events Coordinator was nominated at the February 2019 monthly meeting and unanimously accepted by the floor, that member is Ms Minerva Kajim.

At the inception of the first executive meeting held on 21st January 2019 the duties and responsibilities were given to all officers in writing and further discussed in the meeting of February 8th, 2019. The TTARP Bye

Laws with the amendments were obtained and distributed to each officer.

Reinforcement of the Bye Laws was reiterated at an Executive meeting of the 8th May, 2019 with special reference to Bye Law 24, Heading: Zonal Groups (24.1; 24.2 - a, b, c, d); 24.3 – c. Financial Responsibility. This was as a result of a meeting held at Head Office on April 24th, 2019 with the Executive Secretary on two outstanding financial issues transferred from the last Executive Team.

Meetings

The Chairman, Vice Chairman, Secretary and Assistant Secretary at varying sessions attended a total of three Zonal Meetings – February, April & June 2019. We presented our reports to the Zones and relayed information received to the general membership and included events in our itinerary.

There were eight monthly general meetings held from January – August 2019 with an average of 77 members present except the JAVA (July/August) period where many members proceed on vacation local/overseas and this year in particular we experienced serious inclement weather with yellow alerts on both meeting days. We have recorded seventeen new members to date. Those new members were welcomed and we acknowledged birthday celebrants with a song.

There were seven executive meetings for the same period with an average attendance of 85%. One newly elected executive member has been notably absent at meetings. There were two special meetings held by the Executive Team – Financial Responsibility & Draft AGM Report 2019.

The Events Committee has held two formal meetings to date. The theme derived from these meetings for

Western Pearls for the year 2019 is 'Building Relationships through Socialization'.

Events

The following events that were held for the period were:

- Annual Thanksgiving – March 9th 2019 (73 members);
- Breakfast Brunch & Market at the Santa Cruz Green Market on March 30th 2019 (69 members);
- Journey to Princes Town to meet with the Princess Town/Rio Claro 'Royals' – April 13th, 2019 (80 members);
- Easter Bonnet Parade Competition – May 11th, 2019 (73 members);
- Mothers' & Fathers' Day Function (Indo Style) June 8th, 2019 (83 members);
- Dutch Auction – Bottle of Moscato – July 13th, 2019 (43 members); and
- Poem & Spoken Word Competition – August 3rd, 2019 (27 members).

Other Events

- Health Seminar hosted by National Executive at Radisson Hotel – April 11th. 2019 (43 members registered);
- TTARP Fiesta Games Tobago – August 10th. 2019 (20 members; 1 All fours Team, 1 shared All Fours Team with Princes Town);

Overseas Tour

There is an overseas tour issue that has been unresolved from August 2018 and as such a conscious decision was taken to not plan any tours for 2019.

As of February 21st 2019, an Overseas Tour Travel Advisory was sent to all Zones Heads from the National Executive. As such Western Pearls has

moved ahead to plan a 7 Night Caribbean Cruise aboard the Carnival Cruise Line – Fascination from the April 24th – May 1st 2020 administrated by A's Travel Service Limited. The deadline for the down payment of \$3,500.00 has been extended. This is in keeping with the guidelines spelt out on the Overseas Tour Travel Advisory.

Trustees Report

For the period January to August 2019, from the sale of Polo Shirts and Waist Coats, a sum of \$2,730 was realised. Two dozen more polo shirts were approved to be ordered.

Finance Report

The transfer of the Current Account from the previous Executive to the Current was executed during the month of March 2019. The Bank balance is as follows:

Description	\$
Balance forward as per current account bank statement January 2019	20,199.67
Income from January 2019 – July 2019	27,043.00
Expenditure from January 2019 – July 2019	25, 272.36
Less Bank charges from January 2019 – July 2019	193.50
Current Balance as per bank statement July 2019	21, 776.81

Communication

There is a Facebook page in the name of Western Pearls that is consistently updated on Events for Western Pearls and the National Executive. Articles from pertinent Ministries and Registered Organisations that impact the membership are also included.

Members are made aware of the contact numbers for the Chairman and the Events Coordinator at each meeting and it is placed on the Facebook page. We also have a WhatsApp group to foster a closer communication link with members.

Conclusion

The Itinerary of Events for July 2019 - April 2020 were distributed at a recent meeting along with details on the Caribbean Boat Cruise carded for April 2020.

A Breakfast Brunch and a Garage Sale scheduled for September 2019 will be the major fundraisers for supporting the Reward and Recognition Event (Oct '19) and Hamper Distribution (Nov '19).

We continue to enforce the established Bye-Laws of the Association, and this is emphasised at Executive Meetings.

Respectfully submitted by

Mrs. Emerita Sambrano-Churche,

Chairperson of the Diego Martin "Western Pearls" Group.

Diego Martin "Western Pearls" Zonal Group
Venue: North Diego Martin Community Centre,
Church Street, Diego Martin
Meetings: Every 2nd Saturday of the month (3:00 pm)

FYZABAD ZONAL GROUP

On Thursday 13th September 2018, fifty-five (55) members participated in TTARP's AGM at the Centre of Excellence, Macoya.

Carat Shed Beach in La Brea on Thursday 25th October 2018 was the venue for our **Beach Cookout** where were served corn soup, provisions and dumplings with saltfish. These were prepared on the Beach.

Our Christmas Dinner was hosted at Vie La Cou Restaurant in La Romain on Thursday 22nd November 2018. We were greeted by a beautifully decorated venue and were serenaded by our Choir and other entertainers. A sumptuous meal was served and everyone reported that they spent a wonderful evening.

A few days before Christmas, we enjoyed a Christmas/Birthday Party for members from September to December, with Birthday Celebrants receiving Birthday Gifts with a Christmas Theme. Parang music filled the air during our celebration.

Sali Bay, Toco. was our choice for a Beach Picnic on Thursday 24th January 2019.

With our Theme of "**A Celebration of Love**", members gathered at the scenic Sanderson Park in Fyzabad on Valentine's Day to share Love with a variety of foodstuff, prepared by members, good music and dance.

Sixty-one (61) members travelled through the now closed Pointe-a-Pierre Refinery on Thursday 28th March 2019 to visit and spend a few hours at the Wild Fowl Trust. Two Tour Guides led us along a Nature Trail where we witnessed Peacocks and Peahens displaying their royal splendor along with our national birds. The Boa Constrictor, although caged, was also on display.

Nine (9) members travelled to Grenada for a ten (10) days stay, from Friday 17th May 2019 to Sunday 26th May 2019, where they experienced the Sulphur Spring. Pictures which were shared on WhatsApp indicate that they had a good time.

As a part of Labour Day celebrations in Fyzabad, FFGZ hosted a Bingo on Thursday 13th June 2019. Prizes were donated by members and players were very pleased with their prizes. Mothers and Fathers were honoured on Saturday 29th June 2019 with a Tea Party and Fashion Show which was held at FRCC. Entertainment was provided by a DJ and our Choir. Members paraded in their own designs.

Christmas in July was celebrated on Thursday 18th July 2019 complete with Santa Claus and his **Bag of Goodies**. Members contributed Black Cake, Ponche De Crème, Sorrel, Ham, Pastelles, Baked Chicken and Turkey. Members are now considering a similar format for our Christmas Luncheon to be held in 2019 November.

Eighteen (18) members of the FFGZ traveled to Tobago via Sea bridge to attend and compete in TTARP annual All Fours Competition from Friday 9th to Monday 12th August 2019. The group of members stayed over at Royal Princess Apartment on Milford Road, Crown Point. The group traveled by Maxi to the John Dial Community Complex to participate in All Fours, Scrabble and other games. Fyzabad won the first and second place in the All Fours Competition, tied for 2nd place with two (2) other Zones for the most Hang Jacks and we also won the Scrabble Competition.

Members visited the Carifesta activities at Vessigny on Friday 23rd August 2019. The day was full of activities which included a Craft Market, a visit to the Pitch Lake at La Brea, sailing at the Vessigny Beach, a demo on Food Preparation and a Concert in the afternoon. Entertainment came from a Band of Indians in beautiful Feathered Costumes. There was a variety of food and juices on sale and some members

had their faces painted. Our Carifesta experience was wonderful.

During this year Fyzabad Forever Green Zone gained sixteen (16) new members while we lost five (5) members.

Our current Executive Members are: -

Chairman	Mr. Errol Baptiste
Vice-Chairman	Ms. Monica Nelson
Treasurer	Mrs. Angela Young Lai
Secretary	Ms. Kay G. Francis
Assistant Secretary	Ms. Parmatie Geeta Deokiesingh
Public Relations Officer	Mr. Joseph Mc Gregor
Committee Member	Mr. Randolph Dinnoo
Committee Member	Mrs. Yvonne Creese
Committee Member	Mrs. Margaret Telesford
Committee Member	Mrs. Kate Rose Matthews
Committee Member	Mr. Worrell De Boulay
Trustee	Mrs. Andrea Cummings
Trustee	Mrs. Judith De Boulay
TTARP Executive	Mr. Neville Navarro
Board Member	

Upcoming activities include a Birthday Party on Thursday 26th September 2019 for celebrants from May to August and a Christmas Luncheon on Thursday 28th November 2019. Both activities are carded to take place at the Fyzabad Regional Community Complex. We will be making a **Know Your Country Tour** on Thursday 24th October 2019.

Respectfully submitted by

Ms. Kay G. Francis,

Secretary of the Fyzabad “Evergreen” Zonal Group.

Fyzabad “Evergreen” Zonal Group
 Venue: Fyzabad Regional Community Complex (FRCC)
 Meetings: Every 3rd Thursday of the month (3:30 pm)

LA BREA ZONAL GROUP

On Friday 21, September, 2018, sixteen (16) members visited the sister isle of Tobago. Amongst our activities was the visit to the Roxborough Republic Day celebrations. This was a very exciting and enjoyable event.

In October, we held our Annual In-House Bingo. Also, in October, Mrs. Trudy Grant, Community Development Officer, St. Patrick West, visited and shared information about her department and the benefits we can achieve.

In November, we visited the Chocolate Factory and Nature Trail at Rancho Quemado. On that same day we visited the Coconut Oil Factory at Icacos, Cedros.

In December, we celebrated with our Christmas Luncheon and Birthday Celebrations. Twenty-five (25) members attended and we all enjoyed the scrumptious meal.

On January 17, 2019, our AGM was held where the Elections of Officers were conducted by Mr. Neville Navarro.

Officers Elected were: -

Chairperson	-Mr. Denis Marchan
Vice Chairman	-Ms. Angela Carty-Joseph
Secretary	-Mrs. Yvonne Hendrickson-Marchan
Assistant Secretary	-Ms. Hillary Wiltshire
Treasurer	-Mrs. Kerlin Roberts-James
PRO	-Mrs. Carol Noel
Trustees	-Ms. Ezra Vaughn -Ms. Lillian Warton
Committee Members	-Mrs. Eileen Mohammed -Ms. Mavis Cooper

In the month of March, the Ferndean's Children's Home in Point Fortin was visited and donations of food supplies and toiletries were given. Members interacted with the caregivers and children who humbly received us.

In April, we relocated to our new home/meeting place at the Vessigny Community Centre, which is also in the La Brea District. We attended the TTARP's Health Fair and also had a Cake/Bake Sale in the district which was quite successful.

At our meeting in April, Ms. Asha Mungal introduced us to the Care and Safety Line of products. These gadgets are intended to give seniors a sense of comfort and security.

We also hosted the Arima and Tobago zones as they visited the La Bea Pitch Lake.

In June, we celebrated with our Mother's Day/ Father's Day Extravaganza.

At our monthly meeting, members enjoyed themselves by playing games and chatting with each other, while partaking of a meal and snacks.

During the year, we lost two (2) of our members, Josephine Titus and Thelma Williams. On the other hand, we gained eight (8) new members.

Upcoming Events

- Sea Food Festival, Cedros – September 24, 2019;
- In-House Bingo – October 5, 2019; and
- Christmas Luncheon/ Birthday Celebrations – December 12, 2019

This year has been challenging but we are striving to grow from strength to strength.

Our meetings are now held at the Vessigny Community Centre on the 3rd Thursday of each month from 3:00 p.m. to 5:00 p.m.

Respectfully submitted by

Ms. Hillary Wiltshire

Assistant Secretary of the La Brea “Black Gold” Group.

La Brea “Black Gold” Zonal Group

Venue: La Brea Community Centre, La Brea.

Meetings: Every 3rd Thursday of the month (5:00 pm)

TOBAGO (PEMBROKE) ZONAL GROUP

A pleasant day to the Executive of TTARP and all fellow TTARP members.

Pembroke “Cultural Stars” Zonal Group continued to hold General Meetings on the 2nd Mondays of each month at the Pembroke Community Centre at 4.00 p.m. Wednesdays are our Activities/Social Evenings: such as Dancing, Exercising and Drama whilst the 4th Mondays are our craft and game evenings. We also hold our Birthday Celebrations every quarter.

There have been no changes to our hard-working Executive for this term. Our Annual General Meeting will be held in May 2020. Members of the Executive are as follows: -

Mrs. Lecia Ross	-	Chairman,
Mrs. Agnes Alfred	-	Vice Chairman
Miss. Carmen Charles	-	Secretary
Mrs. Gloria Andrews	-	Asst. Secretary
Mrs. Umilta Edwards	-	Treasurer
Mrs. Christa Stewart	-	Trustee
Mrs. Eslyn George	-	Trustee
Mr. John Davis	-	PRO

Mrs. Merle Romeo	-	Events Coordinator
Mrs. Eura Cornwall	-	Committee Member
Ms. Joyce Forde	-	Committee Member
Miss. Mona Phillips	-	Committee Member
Miss Wilma Reid	-	Committee Member
Mrs. Juliet Murray	-	Committee Member

Community Outreach Programme

The group continues to visit with the sick and immobile/shut-in persons in our community and some of our members who are unable to attend meetings, we try to bring some cheer by offering prayers and songs. At the end a hamper is given to the needy family. We also continue to worship with members from different religious persuasions, where we participate by request, in doing an item or reading a passage of scripture.

Program of Activities

September 2018 – Twenty-six (26) members travelled from Tobago to attend Trinidad and Tobago Association for Responsible Persons Annual General Meeting which was held on Thursday 13th September 2018.

October 2018 – Two (2) members of the Pembroke Cultural Stars were invited to attend a Conference in Martinique from 3rd to 9th October 2018. This conference hosted by AMDOR 2000/FIAPA on the topic “Elder Abuse and Fight against the Exclusive Control”. This was a very educational visit, except for the language.

November 2018 - Due to circumstance beyond our control, we were unable to hold our Annual Variety Concert which was carded for the 25th November 2018.

December 2018 – Our Christmas Luncheon was held on the 20th December 2018 at the Fairways Restaurant

and Bar with friends and family. We were entertained with songs and had exchange of gifts among members. Everyone had an enjoyable time.

January 2019 – The year began with preparation for the celebration of our 10th Anniversary, which was carded for the 14th March 2019.

During this time, we lost one of our members, Mr. Volton Edwards, husband of Mrs. Umilta Edwards. Although in his later years he was not well, he still attended some meetings and functions of the group. He will be missed.

March 2018 – On Thursday 14th March 2019 we celebrated our 10th Anniversary and the honouring of our founding members in fine style. This was held at the St Mary’s A.C. Church, Pembroke, Tobago. The Hon. Secretary, Mrs. Mayling Younglao, 2nd Vice President, Mr. Geoffrey Lewis and Mr. Reynold Cooper of TTARP were among our Special Invited guests. We start with a street procession to the Church, where we had songs and prayers of Thanksgiving.

May 2019 – On the 9th May 2019, sixteen (16) members of the Pembroke Cultural Stars left Tobago on our first seven (7) days Caribbean Cruise. We visited Panama, Cartegena, Curacao, Aruba and Bonaire. Members had an enjoyable time and hope to do it again.

Members of the Securities Exchange Commission visited our group on 27th May 2019 and gave us a lecture on how to prepare for retirement, Types of Investments and how to spot Financial Fraud. This was informative and educational. However, some of the information was a bit late for some of us.

June 2019 - Over Thirty (30) members of our group and families went on a “Know your Island Tour” of

Tobago on 5th June 2019. We travelled from Delaford to Scarborough, through Plymouth with a visit to the Mystery Tomb and Fort Bennet at Black Rock and then to Pigeon Point where we spent the rest of the day having lunch, sea bathing and having fun. We had an awesome and informative day.

August 2019 – Members attended the TTARP’S GAME FIESTA, which was held at John Dial Multipurpose Centre in Tobago. It was a very hectic day.

For the period September to November 2019, we will be preparing for our Annual Variety Concert, which will be held on Sunday 24th November 2019. An invitation is extended to all.

Our membership has increased by five (5) new applicants for the year. We presently have over Fifty (50) financial members on roll with an average of twenty-five to thirty members attending meetings.

On behalf of our members, I would like to thank the staff of the Head Office (TTARP) for all their support and guidance which we received throughout the year.

Finally, we thank Almighty God for continued Health and Strength.

Respectfully submitted by

Ms. Carmen Charles,

Secretary of the Tobago - Pembroke “Cultural Stars” Zonal Group.

Tobago (Pembroke “Cultural Stars”) Zonal Group
Venue: Pembroke Community Centre, Todd St., Tobago
Meetings: Every 2nd and 4th Mondays of the month at (3:30 pm)

PRINCES TOWN/RIO CLARO ZONAL GROUP

Good Morning TTARP Family. My name is Annmarie Paul-Roberts. I am the secretary of the Princes Town/Rio Claro “Royals”.

Mr. Chairman, Members at the Head Table, Head Office Staff, specially invited guests, my TTARP colleagues; I bring to you Greetings from your brothers and sisters of the Princes Town Rio Claro “Royals”.

It is a pleasure to see you all again.

Ralph Waldo Emerson stated, I quote, ***“The purpose of life is not to be happy. It is to be useful, to be honourable, to be compassionate, to have it make some difference that you have lived and lived well.”***
End quote.

Friends, let us all strive to live and to live well.

Welcome to our Annual General Meeting.

I wish to extend gratitude to our hard working and dedicated management team and to Head Office Staff for your contributions and all your efforts towards making TTARP successful.

I pray that the Lord will bless you with good health and provide you with the strength to continue your work in years to come.

Our Membership

Princes Town/Rio Claro “Royals” draws its membership from South East Trinidad, mainly from the districts of Princes Town, Moruga, Rio Claro and Mayaro.

We began with a small membership in the early 21st century and we have worked steadily to increase our numbers. This year through our membership drive we collaborated with other community groups in the area and we have grown by 19 members. The membership for the Princes Town / Rio Claro “Royals” currently stands at 50 persons. We propose to have this initiative continue throughout the upcoming year. The Head Office has agreed to join with us to do some promotions in the main towns in our zone. At next year’s AGM it is expected that we will double our membership.

The Princes Town Rio Claro “Royals” zone are still young, but through hard-work and dedication we continue to grow day by day. Today I can proudly say that we are a productive and successful group that will become better and better as we develop our ideas and use the resources available to us.

Our Successes

This year 2018 -2019 was wonderful for the Princes Town /Rio Claro “Royals”. We attended many of the events organized by the Head Office, and we had an enjoyable time. We were able to achieve 90% of our plans and projections.

At a previous Zonal meeting our dear Honorary Secretary Mrs. Mayling Younglao suggested that all groups should develop relationships with the management of their venues. I am pleased to report that the Princes Town /Rio Claro “Royals” and the St Stephen Anglican Church Vestry now have a mutually beneficial relationship. The Church community has welcomed the efforts and contributions made by TTARP Princes Town /Rio Claro “Royals”. The Priest-in-Charge, Father Michael Greenridge and other leaders of the church were so pleased with our efforts and activities that they have become TTARP Card Holders and members of the “Royals”. We are allowed to use

the Church Hall for our meetings every third Saturday of the month free of cost. When the Church Hall is unavailable, we are allowed to conduct our meetings in the church.

Our Contributions

At the last zonal meeting, our President Mr. Peña asked a very important question. He was concerned whether the executives of the zonal groups have acknowledged the importance and the impact of what they do for the members of their groups.

This question resonated in my mind for a few days and I decided to get some feedback from the members. From our conversations, I was able to ascertain that TTARP was providing an important service for its members. While each member experience is different, his or her interaction within the group is quite significant.

Today, I take the opportunity to respond and say “yes” Mr. Pena. We, the “Royals” now know how important the field trips and other events are to our members. We see it on their faces as they board the bus on a morning of the event, and we hear the joyous chatter of their voices as they engage each other to and from the destinations.

In addition, members often say how much they enjoyed the last trip and they always enquire when and where will be the next activity. The families of our members are also appreciative because they indicate to us how pleased they are that the group brings so much joy and happiness to their loved ones.

It is very heart-warming to know that TTARP is making a significant difference in the lives of so many people, and to know that our efforts are appreciated and valued not only by our members, but by their families as well.

I will like to announce the Executive for the period February 2019 to February 2021:

Chairman	Mr. Stanley Joseph
Vice Chairman	Mr. Franklyn Farrell
Secretary	Mrs. Annmarie Paul-Roberts
Assistant Secretary	Mrs. Shaffina Mohammed
Public Relations Officer	Mr. Ramchand Kalipersad
Treasurer	Mrs. Patricia Noel
Trustee	Mrs. Carol Ragoonansingh
Trustee	Mrs. Maureen Lewis
Trustee	Mrs. Esther Thomas

Our Achievements - 2018 to 2019

- On the 13th September 2018, the “Royals” attended the AGM at the Centre of Excellence, Macoya. We made a financial contribution of two thousand dollars (\$2,000.00) towards the TTARP Head Office Building fund;
- We celebrated member’s birthdays every four months with presentation of gifts, food and drinks and dancing;
- On the 24th September 2018 the “Royals” visited the Pitch Lake in La Brea;
- The group attended the St Stephen’s Anglican Church Parang Explosion which was held at Palms Club in San Fernando on 17th November 2018;
- On 2nd December 2018 we attended the TTARP (Head Office) Christmas Luncheon which was held at the Centre of Excellence in Macoya. We had a wonderful time and are anxiously looking forward to the Head Office TTARP Christmas Gala for 2019;

- On 8th December 2018 the Princes Town/Rio Claro “Royals” had our Christmas Luncheon at Golden Palace Chinese Restaurant in Marabella. The “Royals” said good bye to 2018 and brought in 2019 with a bang;
- On 13th January 2019, the “Royals” Thanksgiving Service at the St. Stephen’s Anglican Church. Joining us were two TTARP sisters Yufi and Jackie all the way from Santa Cruz Cruzers;
- On 19th January 2019 we donated \$1,000.00 to St. Stephen’s Parish Church. This contribution was in aid of the installation of Air Conditioning in the Church Hall. We now hold our meetings in Air-conditioned comfort;
- On 26th January 2019, we teamed up with the Brothers Road Chronic Disease Exercise Class and visited the L’eau Michel Mud Volcano and the beach at Bunsee Trace in Penal;
- On 31st January 2019, we teamed up with the Princes Town Senior Activity Centre and visited Guapo Beach Resort Point Fortin;
- On 8th February 2019, the group visited the San Fernando Calypso Tent held at Palms Club;
- On 16th February 2019 we held the election of officers for the period February 2019 to January 2021. The election was conducted by Ms. Althea Seepaul - member of the Purple Diamond TTARP group;
- On 17th February 2019, in partnership the Brothers Road Chronic Disease Exercise Class we visited the Caura River;
- On 22nd February 2019, the “Royals” teamed up with the Princes Town Activity Centre and visited the Toco light house and beach. We spent the evening at Wilson Guest House;
- On 28th February 2019, the “Royals” attended the Minister La Hunte, 60 Plus Carnival Event at the National Academy for The Performing Arts;
- On 1st March, 2019 (Carnival Friday) the “Royals” attended the St Stephen’s Anglican Church “Cooler Lime”;
- On 23rd March 2019 another grand day for the “Royals”. We visited the “Jades Home for the Elderly” located at St Charles Village in Princes Town. We spent some time mingling with the staff and patients. We were so sad to say goodbye. Our PRO summed up the visit quite nicely. He said, “This visit left a deep impact on us and we left more sensitive towards the feelings of the elderly than when we arrived”. An article of the visit was published in the TTARP magazine.
- On 11th April 2019, the “Royals” attended the TTARP Health Seminar at the Radisson Hotel. The seminar was very informative. There were lots of booths with everything for us “silvers” on display. There were lectures on medical issues which were appropriate to our age group. The topics included diabetes and erectile dysfunction.

- On 13th April 2019 “Royals” had one of our best days when we hosted “Western Pearls” of Diego Martin. We took them on a bus tour to many of the tourist sites in our zone. After the tour, we played a variety of games including bingo. Today I want to say thank you to “Western Pearls” on behalf of the “Royals” because on that day we felt like one big group accomplishing great things together.
- On 4th May 2019, the “Royals” attended the Point Fortin Borough Day Celebrations Jumping to J’ouvert bands in the morning, and enjoying ‘the pan on the move’ in the evening.
- On 18th May 2019 after the monthly meeting we had the birthday and Mother’s Day celebrations.
- On 24th May 2019 we teamed up with Princes Town Senior Activity Centre to visit the Carat Shed in La Brea.
- On 25th May 2019 Joined with the Brothers Road Chronic Disease Exercise Class and visited the beautiful Las Cuevas beach.
- On 26th May 2019, the “Royals” attended the Family Day and Harvest of the combined Mon Repos, St Joseph and Ste. Madeleine RC Churches which was held at Torrance Street, San Fernando.
- From 2nd June 2019 to 6th June 2019 the “Royals” joined with the Princes Town Senior Activity Centre and visited the lovely island of Grenada. We stayed at the Coyaba Hotel in Grand Anse.
- On 2nd June 2019 some members of the “Royals” attended the Central Athletic club event held at the C3 Mall. It was physical activity enjoyed by all who attended.
- On 21st June 2019 the “Royals” joined with the Brothers Road Chronic Disease Exercise Class and visited Paramin Village, the highest and coldest village in the twin island Republic.
- On 27th June 2019 the “Royals” together with the Princes Town Senior Activity Centre visited the Quinam beach.
- On 26th July the “Royals” had a PTSC bus trip to Guayaguayare. We had lunch at ‘Scrapies’ and a sea bath afterwards.
- From 9th to 12th August we visited Tobago to attend the TTARP Games Fiesta.
- 16th August 2019 we attended the Arima Zone Emancipation celebration.

We are look forward to the usual exciting and fun-filled the events and lectures planned by Head Office in 2019- 2020.

Community Work

TTARP “Royals” has a close relationship with St. Stephen’s Anglican Church, as such, most of our community work for the year 2018 to 2019 involved the Church.

- i. At the “Royals” Thanksgiving Service in January 2019, we donated One Thousand Dollars (\$1,000.00) towards the church funds;

- ii. At the Church Harvest in April 2019 the “Royals” assisted with the raffle by selling One Thousand One Hundred and Twenty (1120) raffle sheets at Ten Dollars (\$10) each, handing over Eleven Thousand Two Hundred Dollars (\$11,200.00) to the church. We also assisted with the raffle draw;
- iii. At the St Stephen’s Church Cooler Lime the “Royals” also assisted in selling foodstuff; and
- iv. At the visit to the “Jades Home for the Elderly” we shared snacks with the patients and donated toiletries to the home.

In 2019-2020 we are hoping to widen our outreach of community projects.

Plans and Projects for September 2019 to February 2020

- 1. 12th September 2019 AGM;
- 2. 21st September 2019 Monthly Meeting and Birthday Celebrations;
- 3. 10th October 2019 Zonal Meeting;
- 4. 19th October 2019 Monthly Meeting;
- 5. 2nd November 2019 TTARP Golden Walk/Run. (TTARP Head Office);
- 6. 16th November 2019 Monthly Meeting and Birthday Celebrations;
- 7. 23rd November 2019 TTARP Christmas Gala;
- 8. 7th December TTARP Yard Sale & Fund-Raising BBQ;
- 9. 14th December “Royals” Christmas Luncheon;
- 10. 12th December Zonal Meeting;
- 11. 12th January 2020 “Royals” Thanksgiving Service;
- 12. 18th January 2020 Monthly Meeting;
- 13. Zonal Meeting 13th February 2020;

- 14. 15th February 2020 Monthly Meeting and Valentine’s Day Celebration; and
- 15. Visit Calypso Tent (*date to be announced*).

Conclusion

I want to say thanks on behalf of the “Royals” Executive and membership. The Good Books – The Bible, the Quran, the Bhagavat Gita to name a few, they state that it is good to give thanks. Today, I say thank you to the Executive Committee of the Princes Town/Rio Claro Royals for their leadership over the last year. Thank you to the hard-working staff at Head Office for the magnificent job they have done over the past year. May God continue to bless, protect, and guide you all in the future.

Thank you to all the members of TTARP for staying with TTARP and bringing new members to the organisation making us one of the best, if not the best NGO in the country.

Thank you to the “Royals” Executive for keeping the “Royals” going. Thanks to all the members who come to meetings every third Saturday of the month bringing love, joy and happiness to each other.

Special thanks to our PRO Mr. Ramchand Kalipersad for all his hard work. He is our link with Head Office, our resident photographer and our information technology specialist. Thanks also to Mrs. Carol Ragoonansingh one of our trustees, who edits our reports and statements. Thanks to all the members for their contributions, suggestions, recommendations and constructive criticisms.

Thank you to all other members and the executive members of the “Royals” who accompanied me to the zonal meetings. I thank God for all the blessings he

has showered on TTARP and the Princes Town/Rio Claro “Royals”.

“The Lord is good all the time
And all the time the Lord is good”

Thank you, ladies and gentlemen,
Good Bye Until next year Gods willing.

I say **TTARP Forever...TTARP FOREVER YOUNG!**

Respectfully submitted by
Mrs. Annmarie Paul-Roberts,
Secretary of the Princes Town/Rio Claro “Royals”
Zonal Group.

Princes Town\Rio Claro “Royals” Zonal Group
Venue: Princes Town Senior Activity Centre, Cor. High Street & Lothan Junction, Princes Town Street, St. Stephens Anglican Church compound
Meetings: Every 3rd Saturday of the month (2:00 pm)

SAN FERNANDO ZONAL GROUP

Our group “Purple Diamonds Seniors” with its motto “Growing and Glowing Together” continued its quest over the past year to fulfill its Mission of creating Meaningful Development of our group through Education and Social Activities.

The new Executive officially started its term in August 2018 coincidentally at the same time when we moved to our new location at Pleasantville Community Centre. All the members from the onset displayed an unswerving desire to devote their time, skills and energies to the benefit of our membership.

Members of the Executive are as follows:

Chairperson Norma George-Ochoa
Vice Chairperson Carl Ryan

Secretary Maureen Taylor-Stephenson
Assistant Secretary Gloria Edwards-Seebaran
Treasurer Irmin McKenzie
Assistant Treasurer Ann Maureen Donawa
P.R.O. Hollis Clifton
Trustees. Lenore Daly
 Jacqueline Philip
 Antonia Holloway
Committee Members Eartha Ottley
 Petrac Williams
 Theodora McFarlane
 Learie Reason
 Alphaeus Fraser

Membership

Our group continued to grow during 2018-2019 averaging between ten to fifteen new members every month. Our attendance at monthly meetings ranged from 200-220 members. That growth was due largely to the efforts of our outreach Committee in San Fernando under the direction of Board Member Mr. Neville Navarro.

Education

The focus for Purple Diamonds re: Education was two-fold: -

- i. To provide meaningful, relevant information to our members as related to their expressed concerns and interests; and
- ii. To focus in 2019 on the Public Holidays to give members a better understanding of that which we take for granted.

Many of our varied Guest Presenters were suggested or sourced by the membership. We thank all of them for giving freely and willingly of their invaluable time to Purple Diamonds at our informative and interactive meetings.

In 2018: -

September

- Hatha Yoga Practices for Seniors - Mr. Kenneth Dubar (Member);

October

- Mental Health for Seniors - Mr. Carl Ryan (Vice-Chairperson).
- Living a meaningful life after 50 - Jennifer Gibbons-Joseph (Conec Coach);

November

- History of Parang - Dr. Francisca Allard, Manager Dinamicos Parang Group.
- Getting comfortable with Technology - Nigel Thomas.

In 2019: -

February

- Overview of Calypso History - Nehrukhi Ato Osei (calypsonian)

March

- Shouter Baptist Movement over the Years - Rev. Hainsely - Spiritual Baptist Leader.
- Eye Care for Diabetics-Trinidad Eye Hospital
- Maintaining Strength and Mobility - Mr. Robert Wilson, Physiotherapist;

April

- Meaning of Easter in the Christian Community - Father Michael Greenidge, Anglican Priest.
- Dance is the Flywheel of Life - Eugene Joseph, Dance Icon;

May

- Impact of the Arrival of East Indians on the Cultural Landscape of Trinidad and Tobago - Shamshu Deen, Genealogist;

June

- Importance of Labour Day to Trinidad and Tobago - David Abdullah, MSJ Leader and Social Activist.
- Significance of Eid to the Muslim Community - Mrs. Lydia Choate, Community Worker/Counsellor.
- Relevance of Corpus Christi to the Catholic Community - Deacon Kirk Philip of the R.C Church; and

July

- Basic Massage Techniques for Seniors - Mr. Clifton Paul, Massage Therapist.
- Emancipation Today - Dr. Desmond Samuel Phillips, Principal.

Accomplishments

Last year saw the start-up/continuation of several diverse activities seeking to develop the personal growth of our members.

- Establishment of a Facebook page and Wats App Group for various activities;
- Quarterly Birthday Celebrations;
- Curry Q Carnival Lime;
- Annual Thanksgiving Meeting January;
- Members Craft Day Showcase and Sales;
- Caregivers Day -Celebrating all Males and Females of Purple Diamonds. Special award was given to the oldest active member, Ms. Marjorie Holder aged 93 years; and
- Annual Christmas Luncheon.

Ongoing Programs/Tutors

- Introduction to conversational Spanish - Ms. Claire Ransome;
- Introduction to Computer Literacy - Ms. Roxanne Solomon-George;

- Uses of the mobile and social media - Ms. Roxanne Solomon-George;
- Dance and Movement Therapy - Eugene Joseph;
- Line Dancing and Ballroom Dancing - Ms. Marlene Bharath; and
- Steelband classes - Aquil Arrindell - Manager, San City Steel Orchestra.

Tours Undertaken

To encourage greater social interaction and develop the camaraderie in the group Purple Diamonds undertook monthly tours to places of interest some identified by members. Each tour saw close to 100 members participating.

In 2018: -

September - House of Angostura and La Vega Estate.

October - First People's Museum and Lopinot Historical Complex.

November - U Pick Farm at Macqueripe, West Mall and Long Circular Mall.

In 2019: -

January - Seegobin Citrus Estate at Erin, Palo Seco and Carat Shed in La Brea.

February – (a) Santa Cruz Green Market, Emperor Valley Zoo and Botanical Gardens; and (b) San Fernando Kaiso Showcase Calypso Tent for a Special Show organized for TTARP Members.

March - Salybia Beach.

April - (a) TTARP Health Fair at Radisson Hotel, POS; and (b) Rancho Quemado Industrial Estate.

May - (a) Grenada; and (b) Los Iros Coconut Oil Factory, Clifton Hill Beach at Point Fortin and Pitch Lake at La Brea.

June - Central Bank Money Museum and National Museum.

July – (a) Charlotteville Heritage Day at Tobago; and (b) Grand Opening of Emancipation Village at POS.

Entertainment

During our monthly meetings we have enjoyed varied musical contributions such as:

- Calypsonians - Nehruki Ato Osei, Lynette "Lady Gypsy" Steele and Ainsley "El Drago" Mayers a member;
- Pannist - Garvin Williams;
- Saxophonist - Whelan Hall;
- Vocal Soloists - Hezekiah Joseph, Sister Bev, Anthony Williams a member, Parandero - Dr. Francisca Allard; and
- Neptune School of Performing Arts.

Community Service

During the months Purple Diamonds members collected 14 large boxes of foodstuff and toiletries which were equally shared between Court Shamrock Home for the Socially Displaced and St. Vincent De Paul for the Aged both located in San Fernando.

A Visitation Committee has been established to visit/call or send cards to ill/absent members. Our membership also has attended funerals of members and those of members relatives.

Future Plans

As the Executive begins the Second Year of their term the vision is to promote even greater development of our group. Some areas to be looked at include:

1. Involvement of our membership through greater dialogue in various groups/committees utilizing our abundance of skills and experience;
2. Adopt a primary school programme where Physical and Social Services will be provided by our members primarily;
3. Publish a History of our Group;
4. Create a Data Bank/Skills Bank for our growing membership;
5. Mini Expo on Financial, Legal and Safety Matters;
6. Special Anniversary Celebration Honouring the Pioneers of Purple Diamonds;
7. Fun Lime in September at Green Pastures Estate at Cunaripo;
8. Third Annual Mini Health Expo in October;
9. Self Defense for Seniors; and
10. Visit to St. Lucia.

Conclusion

Our group Purple Diamonds Seniors San Fernando wish to thank all who contributed to our success over the past year including: -

- The members of Purple Diamonds for their outstanding support and contribution;
- Management and staff of Pleasantville Community Centre for affording us the opportunity to meet at such a safe and comfortable venue. Special gratitude towards manager Roxanne Solomon-George for her friendly and welcoming nature, ever-ready to sort out issues;

- Our caterers and Hospitality committee for their delicious snacks at meetings;
- Our Sound System specialist member Clive Braithwaite for his patience and expertise; and
- Our cheerful transport organizers Ian Ramnath and all the other faithful, understanding maxi drivers.

The Executive thanks God for giving to each one continued physical and mental strength to better serve our membership.

Respectfully submitted by

Mrs. Maureen Taylor-Stephenson,

Secretary of the San Fernando "Purple Diamonds" Zonal Group.

San Fernando "Purple Diamonds" Zonal Group
Venue: Pleasantville Community Centre, Pleasantville.
Meetings: Every 1st Tuesday of the month (10:00 am)

SANTA CRUZ ZONAL GROUP

On October 26, 2018 "Cruzers" elected the following members to its board:

Chairperson	Mrs. Yvette Wright
Secretary	Mrs. Donna Rosales-Gray
Assistant Secretary	Ms. Janice Chase
Treasurer	Mrs. Brenda Sydney
Assistant Treasurer	Mrs. Naomi Mc Lean
Trustee	Ms. Euphemia Durant
Trustee	Ms. Joan Edwards

Communications Officers, Ms. Jacqueline Austin was elected on May 24, 2019 and the position of Vice-Chairperson remains vacant.

The following new initiatives were undertaken: -

- Compilation of a members' list to include name, date of birth, telephone numbers and email addresses. The data was used to set up a WhatsApp group to facilitate contact with and update to members regarding issues pertaining to group's activities only. This initiative will be expanded in the coming months to include TTARP card numbers and expiry dates;
- Gift vouchers to outgoing executive officers in appreciation of their contributions to the zone;
- A membership drive to increase new member attendance at the monthly meetings;
- A quarterly birthday potluck with fun and games; and
- Preliminary discussion on "Cruzers" 10th Anniversary celebrations in June 2020.

Membership

The membership drive attracted thirty-four (34) new members during the period October 2018 to July 2019 and attendance peaked in May 2019 with fifty-eight (58) members present at the monthly meeting. Further analysis is required to determine the consistency of attendance of the new and old members.

Outreach

In December 2018 the group presented five (5) hampers to families of students attending the Santa Cruz R.C. School, the La Pastora Government School, the Bourg Mulattresse R.C. School, the San Juan Girls R.C. School and the San Juan Boys R.C. School.

The group continued to offer prayers and support to members and their families who are ill and to those who have lost loved ones.

Activities

Twenty-five (25) members attended the TTARP Christmas luncheon in December 2018. Members also participated in the TTARP Health Fair in April 2019.

The group held the following events in 2019 with the focus on fun, camaraderie and education: -

- Competitive Bingo games on February 22nd;
- Presentation, demonstration and sale of products by Jacqui Therapeutic Spa, March 22nd;
- Birthday Potluck and celebration, April 26th;
- Mother's and Father's Day talent show, May 24th;
- Breakfast at Santa Cruz Green Market, June 8th;
- Angostura Factory tour, June 12th;
- Lecture on "The Prosperity of Aging", June 28th;
- Trip to Blanchisseuse, July 17th;
- Lecture on Alzheimer's disease, July 26th; and
- Visit to the Lidj Yasu Omowale Emancipation Village, August 1st.

The following events are scheduled for the rest of the year: -

- Birthday Potluck and Family Day at the Royal Botanic Gardens, August 10th;
- Trip to Grenada, August 24th to 27th;
- Fund Raising Raffle Draw, September 27th; and
- Christmas celebrations, December 6th.

We will continue to engage members to determine their various needs and interests as we begin planning our schedule for 2020. We thank them for their support throughout the last year and look forward to enhancing their golden years in the future.

We also thank the TTARP for their support, guidance and encouragement.

Respectfully submitted by
Mrs. Donna Roasles Gray,

Secretary of the Santa Cruz "Cruzers" Zonal Group.

Santa Cruz "Cruzers" Zonal Group
Venue: Bourg Mulatresse RC Parish Hall, Santa Cruz.
Meetings: Every 4th Friday of the month at (5:30 pm)

THANKS

TTARP honours its Patron Her Excellency Paula Mae Weekes, The President of Trinidad and Tobago. Not only is she a **Beacon of Light** to TTARP but to all of Trinidad and Tobago.

Sincere Thank You to all our sponsors who continue to support TTARP annually.

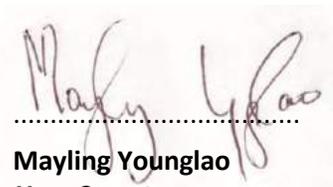
M&M Insurance Brokering Services with particular mention to Rosanna Sankar and her staff at the San Fernando Branch. Thank You.

Assuria Life Insurance continue to assist TTARP Tobago members with their renewals. Thank You.

Where will TTARP be without its solid support from Kern Williams Office Manager, Denise Joseph Senior Administrator, Candice Shade-Cooke, Kaneisha John-Baptiste TTARP's CSR and Michelle Nunes TTARP's Marketing Consultant. Thank You.

To ALL TTARP's Promoters, sincere thank you for representing TTARP at various institutions. Thank You. TTARP daily volunteers, Louise Quamina, Deborah Antoine-Brown, Merle Henry, Patricia Hutchins and Julianna Marcano. Thank You and God's Blessings.

To each Executive Member nationally and zonal, and each of you here present, **THANK YOU**. The Executive Board members expresses it heartfelt thank you to each of you for allowing us the opportunity to serve you.

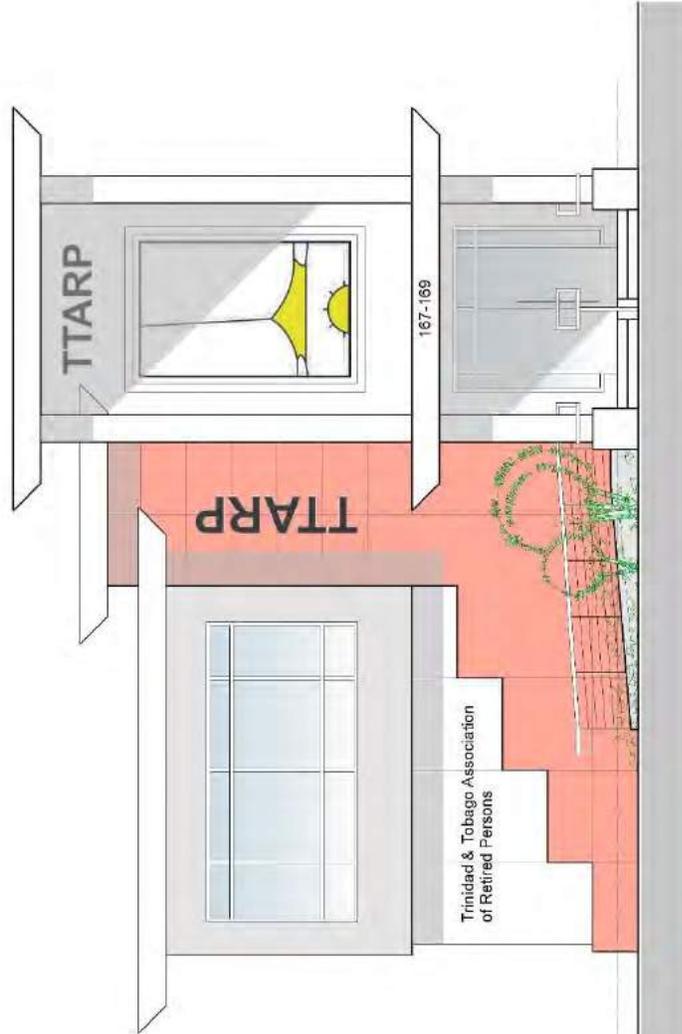


Mayling Younglao
Hon. Secretary.

Dated this 30th day of August 2019

Appendix I

Illustrations of TTARP's Proposed Head Office



Proposed Front Elevations

NLBA
 Architects • Planners • Interior designers,
 P.O. Box 388, 36 Carlos Street, Woodbrook, Trinidad, W.I.
 Tel: 868-628-2841 • Fax: 868-622-9257
 web site: <http://www.nlba.com/>
 email: info@nlba.com



**Trinidad & Tobago Association
 Of Retired Person
 (TTARP)**
 Belmont Circular Road, Trinidad W.I.

Perspective 1 – Front of TTARP Administrative Head Office



Perspective II – Ariel View of TTARP Administrative Head Office



Perspective III – Side View of TTARP Administrative Head Office



Appendix II

TTARP Budget Proposal/Recommendations for 2019/2020

Theme I: *Nurturing Our Greatest Assets*

Key Result Area: *Sustainable Families and Communities*

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
The healthcare system will be sustainable and modern and deliver higher standards of healthcare	Improved Health Service Delivery	<p>(i) Creation of a National Health Database System and the issuance of a National Medical Card for persons 60 years and over;</p> <p>(ii) Inclusion of Alzheimer's medications in CDAP;</p> <p>(iii) Establishment of a Special Diabetic Institute with emphasis on outpatient care and preventative medicine; and</p> <p>(iv) Hospitals and Health Care Facilities should have visiting Chiropodists (Podiatrists) at least once per month.</p>	Persons should be required to apply for the National Medical Card at Health Centers throughout Trinidad and Tobago. TTARP can provide volunteer support at government health institutions and other facilities in Trinidad and Tobago.	(a) Regional Health Authorities (Amendment) Act 2010; and (b) Appropriation (Financial Year) Act
		Provision of a Geriatric Ward at all Hospitals. (NEW)	A Note for Cabinet submitted for Cabinet's approval	(a) Regional Health Authorities (Amendment) Act 2010; and (b) Appropriation (Financial Year) Act
The people will be empowered to lead healthy lifestyles	Healthy Lifestyles Adopted	<p>Priority should be given to -</p> <p>(a) regular public health education programmes promoting healthy life styles, and</p> <p>(b) physical medicine comprising physical therapy, occupational therapy and speech therapy. When initiated early and successfully, can significantly improve the rehabilitative/curative outcomes for patients. This can also decrease the length of stay and re-hospitalisation of patients.</p>	These programmes should be scheduled each month in various convenient and accessible locations throughout Trinidad and Tobago. TTARP can provide volunteer support at government health institutions and other facilities in Trinidad and Tobago.	(a) Regional Health Authorities (Amendment) Act 2010; and (b) Appropriation (Financial Year) Act

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
The people will be empowered to lead healthy lifestyles (CONT'D)	Healthy Lifestyles Adopted (CONT'D)	In keeping with the revised Homes for Older Persons Act No. 20 of 2007, TTARP should be represented on the Ministry of Social Development and Family Services Oversight Committee.	Preparation of a Note for Cabinet appointing a representative of TTARP to be on the Oversight Committee.	Homes for Older Persons Act No. 20 of 2007.
		Remove taxes on pensions over \$6,000 per month. (NEW)	A Note for Cabinet prepared by the Board of Inland revenue and submitted to the Minister of Finance to Cabinet for approval.	Appropriation (Financial Year) Act
		NIS Pensions should be the same dollar amount as the Senior Citizens Grant. (NEW)	Submission of a Note for Cabinet by the Minister of Finance to Cabinet for approval.	Appropriation (Financial Year) Act
Citizens will have access to adequate and affordable housing	Enhanced Effectiveness of the Housing System	Property Tax liabilities of house owners 60 years and over should be exempted or reduced based on an annual income below \$72,000.00	Annual assessment of persons who apply for the tax exemption or reduced property tax payment.	Property Tax Act

Theme II: *Deliverance Good Governance and Service Excellence*

Key Result Area: *Full Participation and Citizen Engagement at all Levels*

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
Our Governance will be based on principles of participation and inclusion	Representative Participation by all Citizens and Interest Groups in Governance	Prohibit age discrimination in all sectors of society (NEW)	Submission of a Note for Cabinet by the Equal Opportunity Commission to the relevant Minister for submission to Cabinet for approval.	Equal Opportunity Act
The Public Service will have modern, effective and efficient management systems	Modern, Efficient & Effective Public Institutions	The Pensions Division, Ministry of Finance should institute an online link with the Registrar General's Office to avoid Government Pensioners having to report twice a year (April and October) to present Life Certificates. This is especially difficult for Government Pensioners living in Tobago. (NEW)	Submission of a Note for Cabinet by the Minister of Finance to Cabinet for approval.	Appropriation (Financial Year) Act

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
Public Service delivery will be customer-focused	A Customer-Centric Public Service	There should be dedicated trained staff at public service offices such as passport, driver's permit national ID cards etc., on special days each month to specifically treat with providing services to senior citizens.	Employment of staff who are trained in treating with the concerns of senior citizens in a dignified manner.	Appropriation (Financial Year) Act
		Dollar amount increases in Senior Citizens Grant should also be applied to Government Pensions to the same dollar amount. (NEW)	Submission of a Note for Cabinet by the Minister of Finance to Cabinet for approval.	Appropriation (Financial Year) Act

Theme III: *Improving Productivity through Quality Infrastructure and Transport*

Key Result Area: *A High Quality Resilient Public Utilities System*

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
A safe and operationally efficient transport system	Improved Access to a Quality Mass Transit System	A walk-over should be constructed for commuters using the Trinidad/Tobago Inter-Island ferry service in Port of Spain.	Allocation of Funds, together with the issuance of designs and construction contracts.	Appropriation (Financial Year) Act
An inter-connected well-maintained transport infrastructure	A Modernized-Transport Infrastructure	Expansion of the Water Taxi Transport Service to Point Fortin, Central Cocorite and Carenage to relieve traffic congestion on the roads.	Allocation of Funds to purchase additional sea vessels and the employment of experienced staff.	Appropriation (Financial Year) Act

Theme IV: *Building Competitive Business*

Key Result Area: *A Strong Competitive Economy*

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
A Business Environment that is Conducive to Entrepreneurship and Innovation	An Improved Environment that Promotes Innovation	TTARP be granted a postal rate reduction or exemption for its quarterly magazine which promotes local business opportunities to companies and TTARP members who patronise those businesses. This will facilitate wider distribution of the magazine both in Trinidad and Tobago to the growing number of TTARP membership	(a) The preparation of a Note for Cabinet granting the issue of a TT Post Permit Number to TTARP.	(a) Appropriation (Financial Year) Act. (b) Trinidad and Tobago Post Act Chapter 47:01

TTARP Offices

NORTH	#45 Tragarete Road, Port of Spain	622-9223 / 221-7771
SOUTH	M&M Insurance Broking Services Ltd. Room 303, Cross Crossing Shopping Centre, San Fernando	657-2256/2343
TOBAGO	ASSURIA Life (T'dad and T'go) Ltd. #20 Bacolet Street, Scarborough	639-3845

Zonal Group Contacts

Arima	Chairman – Mr. Peter Nock	718-9571
Belmont	Chairman – Ms. Gloria Jones	620-1596
Central	Chairman – Ms. Faith Calliste	386-8623
Diego Martin	Chairman – Mrs. Emerita Sambrano-Churche	758-4601
Fyzabad	Chairman – Mr. Errol Baptiste	753-9862
La Brea	Chairman – Mr. Denis Marchan	774-2701
Princes Town/ Rio Claro	Chairman – Mr. Stanley Joseph	446-6359
Santa Cruz	Chairman – Mrs. Yvette Cupidore-Wright	386-7350
San Fernando	Chairman – Mrs. Norma George-Ochoa	374-0709
Tobago (Corals)	Chairman – Mr. Selby Cole	753-2760
Tobago (Pembroke)	Chairman – Ms. Lecia Ross	780-3761

TTARP...an Association of Responsible Persons

#45 Tragarete Road, Port of Spain

Tel: (868) 622-9223 / 221-7771

Email: ttarp1993@gmail.com

Website: www.ttarp.org



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