TTARP ANNIVERSARY 1993-2018" *TTARP* Annual General Meeting 2018 CENTRE OF EXCELLENCE, MACOYA 13" September 2018

FRINIDAD AND TOBAGO ASSOCIATION OF RETIRED PERSONS (TTARP)

Mission Statement

TTARP is a legally registered, enlightened organization, designed for Mature Citizens 50 years and over, aggressively seeking the best interest of its members, towards four main objectives:

- To enhance the quality of life of Mature Citizens
- To promote their independence, dignity and purpose
- To lead in determining their role in society
- To improve the image of the Golden Years

CONTENTS

		Page
1.	Agenda	1
2.	Executive Report for 2018	2
	TTARP's Building	2
	National Issues	2
	TTARP Membership Status	3
	Hospitalisation Assistance Plan Status	3
	Golden Term Life Insurance Plan	4
	My Senior Card	4
	O50Q Magazine	4
	Head Office Administration	5
	Arima Zonal Group	5
	Belmont Zonal Group	10
	Chaguanas/Central Zonal Group	12
	Diego Martin Zonal Group	15
	Fyzabad Zonal Group	16
	La Brea Zonal Group	18
	Princes Town/Rio Claro Zonal Group	19
	San Fernando Zonal Group	20
	Santa Cruz Zonal Group	21
	Tobago (Corals) Zonal Group	23
	Tobago (Pembroke) Zonal Group	23
	Thanks	25

3. Appendix

Appendix I – TTARP's Recommendations for the National Budget 2018/2019

26

i

A G E N D A

Call Meeting to Order

National Anthem

Invocation/Opening Prayer

Executive Report

OPEN FLOOR - Questions/Comments

Auditors Report & Accounts

OPEN FLOOR - Questions/Comments

Appointment of Auditors

Chairman's Address

Vote of Thanks

REFRESHMENTS

TTARP's Prayer

Heavenly Father, we thank You for bringing us together this day.
Be with us, as we come in fellowship to discuss, plan and implement our projects and events.
We thank you for allowing us to enjoy our Golden Years together as we ask You for health, strength, wisdom, peace and a grateful heart so that we can assist our fellowman.
At the end of our activities today, take us home safely to our loved ones to continue to love and serve You.
We praise and thank You.

Executive Report 2017 - 2018

The Trinidad and Tobago Association of Retired Persons is a legally registered organisation, incorporated in August 1993.

The Executive Committee for the term 2017-2018 was as follows: -

- Mr. Peter Peña Mr. David Cameron Mr. Geoffrey Lewis Mr. Francis Raymond Mrs. Mayling Younglao Mrs. Patricia Crossley Mr. Neville Navarro Mr. Cecil Paul Mr. Reynold Cooper
- President
- 1st Vice President
- 2nd Vice President
- Hon. Treasurer
- Hon. Secretary
- Ordinary Member
- Ordinary Member
- Ordinary Member
- Co-opt Member

TTARP's BUILDING

The tender process for TTARP Administrative Building was supervised by Newel Lewis Broadbridge Architects (NLBA), TTARP's Architects. Six (6) companies responded and received the tender Package. Belmar Contractors came in with the lowest bid of approximately six million dollars (\$6,000,000.00). We were taken by surprise by this high cost.

With the builder's estimate in hand the officers of TTARP headed for the financial institute of choice Republic Bank of Trinidad and Tobago. The main requirement of the bank was a projected valuation of the completed building. The evaluation took a couple months and came in at just over five million dollars (\$5,000,000.00). Things were not looking good for TTARP's grand building plans. The Officers then met with NLBA to work out for a way forward.

Foremost, was the promise to members to have a building erected in the shortest possible time. After much discussions with NLBA, the Officers then decided to look at other options and instead erect a building more in line with our available funds. Remember TTARP is an Organisation of responsible persons and the Officers and Executive Directors will look at all the possibilities to ensure the best decision is made. Rest assured however, TTARP will have a home.

NATIONAL ISSUES

TTARP'S National Issues Committee (NIC) continued to lobby the government on issues relating to health, finance, social and other pertinent matters on behalf of all senior citizens of Trinidad and Tobago. In fulfilling this responsibility, NIC submitted Budgetary Proposals on behalf of TTARP to the Government of Republic of Trinidad and the Tobago for consideration/inclusion in the 2018/2019 National Budget. The Committee has been strengthened by the addition of Mr. Reynold Cooper former Permanent Secretary, Office of the Prime Minister and also a Chaconia Medal (Gold) National Awardee. TTARP'S proposals are included in Appendix I of this annual report.

Recommendations and proposals were also submitted to the Regulated Industries Commission (RIC) on price reviews for Electricity and Water/Sewerage Services in an effort to improve the quality of services provided by the utilities to senior citizens and other consumers. TTARP is seeking to have our permanent representation on this important national body reinstated and has communicated our interest to the RIC. Mr. Reynold Cooper has volunteered to be TTARP's representative. Of major importance to TTARP is the issue of the National Retirement Age for National Insurance Pension (NIS) which is now at age sixty (60) and the Senior Citizens Grant which is sixty (65) years of age for those with a total retirement income (including National Insurance Pension) of less than Five Thousand Dollars (\$5,000.00). This issue, together with NIS Contributions, continues to be a major issue among the various Interest Groups in the country including TTARP.

During the year, TTARP participated and intervened on two major discussions on the Retirement Age and NIS Contributions and Pensions. The Trinidad and Tobago Chamber of Commerce and the National Insurance Board hosted the first session while the second session was organized and staged by the Trinidad and Tobago Extractive Industries Transparency Initiative Institute.

TTARP remains committed to participate and intervene on these national issues to seek the best interest of our members. Due to our growing national profile and the skills, experience and expertise of our forty thousand (40,000) plus membership, both the government and private sector organisations continue to seek the views and recommendations of TTARP.

TTARP's Executive Board wish to thank Cecil Paul and his committee for their continued commitment, to the issues identified by the Zonal members that represent the concerns of a wide cross section of senior citizens throughout Trinidad and Tobago.

TTARP's MEMBERSHIP STATUS

For the past size years, we have been on a steady drive of "Meeting our Members", this has been made possible mainly through the courtesy of Massy Stores, Republic Bank and Tru Value Supermarket. We have almost forty (40) Promoters who go out to these establishments and represent TTARP - creating awareness and recruiting new members as well as accepting renewal membership, they also handle queries and complaints - and these are huge responsibilities.

For the past year we have done promotions at twelve (12) Massy Stores; thirty (30) Republic Bank Branches; five (5) Tru Valu Supermarkets; and thirty two (32) external promotions at various Fairs, Retirement Seminars, other Company's AGM, etc, etc.

From these promotions, we were able to obtain over 2,000 New Members and over 2,000 Renewing Members, plus interact with thousands of others thereby taking one step further towards making TTARP a household name.

As we move forward, we are leaning towards using social media and electronic media a lot more as we aim towards reaching members in dynamic timeeffective and cost-effective ways.

	Aug 2018	Aug 2017
Number of Financial	29.450	26 165
Members in TTARP	38,459	36,165

Please be reminded to regularly view our updated Website (*www.ttarp.org*); to like our Face Book page (*TTARP an Association of Responsible Persons*), and to also add us as your Face Book friend (*TTARP Responsible Persons*). These are just some of the avenues we will be using to keep in touch with you, as our membership grows. Please let us know if your name, address, phone numbers or email has changed.

HOSPITALISATION ASSISTANCE PLAN STATUS

TTARP's Hospitalisation Assistance Plan is currently going through some challenges. Like all Group Plans strength and viability lie in the membership. It is important, therefore, that there must be a significant increase in the membership of the Plan to sustain this all important benefit.

The table below shows the current status of the Plan

	Aug 2018	Aug 2017
Number of Financial	1 774	2 261
Members in Plan	1,774	2,261

GOLDEN TERM LIFE INSURANCE PLAN

The Financial Intelligence Unit of Trinidad and Tobago (FIU) have enhanced its Due Diligence Requirement Order of 2016. This means members wishing to participate in the negotiated Term/Life Insurance Plan <u>MUST</u> go directly to **Assuria Life T&T Limited** at **#49 Dundonald Street, Port of Spain** or call **625-1902** or **625-6342** as TTARP and its personnel are not authorized to enlist members in any insurance plan.

The Term/Life Insurance Plans provides coverage to TTARP members ranging from \$5,000.00 to \$100,000.00. Premiums are based on gender and age, so the younger you are the less your fixed monthly premiums will be. This is an opportunity for members to ease the burden on their loved ones upon death. This coverage is now available to persons of all ages.

MY SENIOR CARD

It has been three years since we have launched the MY SENIOR CARD PROGRAMME with Health Net Medical and Dental Clinics, and while the growth of TTARP members enrolling into this medical and dental service has been trickling, we continue to encourage our members to enroll since we believe that "Prevention is Better than Cure". It is important to do routine annual checks and this Programme allows members to obtain convenient medical services at extremely affordable prices. Health Net has branches in Maraval, Barataria, Tacarigua, Cunupia, Couva, and San Fernando.

For more details on MY SENIOR CARD, please review your TTARP Membership Guide or contact TTARP office or Health Net office directly.

O50Q MAGAZINE

We have published three O50Q magazines over the past year which was mailed to every financial member. We diversify the content based on national issues, internal activities of the organization as well as varying topics to capture our readers interest.

This year, as we celebrate our 25th Anniversary, you would find that the topics centered around TTARP's history and the growth of the organization.

As usual, we remind members that you can access copies of past magazines online at **www.ttarp.org**

If you live in a household with other TTARP Members and you would be happy to receive only one copy, please call, email or supply your name and address to one of our representatives at the back of the hall.

HEAD OFFICE ADMINISTRATION

Head Office Administration took on the mammoth task of celebrating its 25th Anniversary with an Exposition of vendors on August 25th and 26th 2018 at the Centre of Excellence, Macoya. The idea was conceptualized after TTARP's trip to the Global Village in Dubai in 2017.

The idea was to have the eleven (11) TTARP zones display the strength of their communities, their craft and highlight their history and events. TTARP's Head office included a Health Seminar and a Brunch as part of their activities. What morphed however was an opportunity to embrace the participants of its Discount Booklet by allowing members to have direct contact with members. Michelle and Denise competed for Exhibitors which resulted with over one hundred (100) Exhibitors in attendance.

The Expo was a huge success with our Patron in attendance, Her Excellency, The President of Trinidad and Tobago, Paula Mae Weekes. Her Excellency along with the President of TTARP symbolically opened the two day Expo with the cutting of a cake and then touring the various booths. Overall, we had approximately over forty-five hundred (4,500) members and friends attending the Expo over the two day period.

Our immediate future plans are a Trip to China in October 2018 (this trip has been sold out since last year); a Carnival Get-Together in January/February 2019; and an international cruise to Alaska in May 2019.

The Executive Board members, wish to express their deep condolences to all our members who have crossed over into a better place. May God bless you All.

ARIMA ZONAL GROUP

The letters EAAZ- an abbreviation - signify our acronym / name **"Eastern Angels Arima Zone"** and can be seen as a pivot for our main focus for the past year which was to have 'Everyone Accomplish Ambitions Zealously'! From the very inception in 2002, EAAZ was designed to bring about benefits and improvements to members. Undoubtedly this goal was pursued actively and successfully between September 2017 and the present time 2018... and beyond

The Zonal Committee who were elected in October 2016 for a two-2 year period, continue to serve and perform their duties very zealously and zestfully.

They are:

Chairman	- Peter Nock
Vice Chairman	- Norma Clarke
Secretary	- Lynette Maule
Assistant Secretary	- Margaret George
Treasurer	- Louis Caraballo
Public Relations Officer	- Annette Young
Trustee	- Kenwyn Scott
Trustee	- Wilma Mc Lean

Heads / Acting Heads / Alternate Heads of Committees are:

Art & Craft	- Sandra Sydney
Birthday Club	- Norma Clarke
Birthday Celebrations Team	- Hiliare Alexis
Choir	- Lynette Dalzine
	Allison Johnson-Parks
	Rosalind Norton-Ogiste
Education	- Deborah Phillip
Entertainment & Games	- Margaret George
Fund Raising	- Victoria Williams
Hospitality	- Team Workers
Public Relations	- Annette Young
Service	- Janet Homer
Tours	- Christine Lewis
	Hollis St Cyr

A senior and experienced member Aldwyn Brewster was invited and agreed to become our Adviser.

The Zone's activities, accomplishments and achievements during October 2017 to the present time were directed by the above-mentioned dynamic group of persons who faithfully attended numerous Monthly Membership Meetings, several Zonal / Heads of Committees Meetings and some Special Meetings designed to deal with and find solutions to Policy and Procedural Matters and Protocol Issues.

<u>Membership</u>

There are about two hundred (200) regular financial members registered. Attendance understandably fluctuates due to various reasons such as health, personal, overseas travel and unexpected developments etc. An average of one hundred and eighty (180) persons are present for the Monthly Meetings that are held on the first Friday of every month at 3-5pm. An average of one hundred (100) persons is present on the other Friday afternoons from1-6pm to participate in a variety of activities arranged for their edification, information and recreation. The Arima Tennis Club located on Railway Road in Arima continues to be our 'home base'. The Management has implemented some physical and infrastructural improvements that are beneficial to our rather large group. These developments enable us to hold our projects and shows in a comfortable environment.

Emphasis is placed on organizing various ventures that would satisfy members' needs- the intention being to involve all the members, to allow everyone to show his/her talents and abilities, and to make everyone as happy as possible. Committee Heads and Members have coordinated some very worthwhile endeavours. The <u>Art and Craft</u> Committee conducted the following Courses - Home Décor, Bottle Decoration, Leather Craft and Fabric Hats and Bag Production.

The tutors were sourced from among our own members and some were externally obtained. Some of the products produced would be displayed at TTARP's 25th Anniversary Business Exposition.

Future Courses in September and October include – Gift Basket Production using newspaper as the main resource material and hopefully Beauty Culture. An Art and Craft Exhibition is carded for November.

The former **<u>Birthday Club Committee</u>** held its final function in December 2017. Head Norma Clarke tendered her resignation. That group was replaced by other persons under the name <u>**Birthday Celebrations**</u> <u>**Team**</u> which organises tributes to birthday celebrants on a quarterly basis - end of March, June, September and December. Those functions held to date have been successful and very enjoyable.

<u>The Choir</u> held an entertaining concert in November 2017 and was planning to do many more commendable shows, however due to the unexpected death of Lynette Dalzine - Choir Leader – plans were altered. The choir rendered hymns at Lynette's 'wake' and funeral service and several months later were able to host two (2) sessions entertainment sessions in April and May. Our Choir members are currently practicing to stage a Christmas Concert in late November.

<u>The Education Committee</u> made a great impact when they arranged for Dr. Jennifer Rouse Head of the Division of Ageing to present to us. As usual this lady's presentation was revealing, factual and full of knowledge and got a well-deserved standing ovation. Another guest of the Education Committee was the 'Stay Steady Foundation' who advised us on ways to Avoid Falling- a topic very near and dear to the hearts and minds of our age group. This short lecture was followed some days after by a session that included practical demonstrations on how to remain steady, to be upright and to avoid falling. Several of our Zone's members who are very physically fit won prizes distributed at this event.

Another of the Education Committee's worthwhile projects was the Hearing Testing Session conducted by DRETCHI. Many members took advantage of this service held in Arima at the Malabar Community Centre. There will be a repeat of these Hearing Tests in September at the Malabar Community Centre in Arima.

<u>Our Entertainment and Games Committee</u> held an inhouse Bingo in October 2017 and invited the Bishop Anstey Trincity High School's Parang Group to perform at our 'Ends Lime' in January. Next was an afternoon of performances by two members Singer Joyce Bedlow-Malco and Musician Herman Grant who performed several items on his own musical creation (an instrument called a "Flickolo").

On Friday 9th March we had Comedy and a Puppet Show and Friday 23rd March a Games session during which several board games were played.

Fund Raising Committee held in conjunction with our landlords - the Arima Tennis Club - a Parang Cooler Fete, in November 2017. This was followed by the Christmas Luncheon Function in December 2017 at the Malabar RC Church Hall.

Together with the Arima Tennis Club this Committee held a 'Carnival Lime' in February 2018.

In May several members and supporters attended the Mothers and Fathers Day Function the theme of which was 'An Evening in Hawaii'. Recognition of our Emancipation and Independence celebrations is scheduled for Friday 31st August and will take the form of a theatrical musical production.

Please note that a few weeks ago, a decision was made to dissolve the Entertainment and Games and Fund Raising Committees and to replace them with an Events Committee which immediately liaised with Service Committee to arrange an afternoon with a difference on 3rd August – the First Friday which is the regular Monthly Meeting day. The result was a novel evening of entertainment, information, music (drumming) wearing African attire, SEA Awards distribution and the serving of Afro-Trini delicacies.

The Events Committee will host another Parang Cooler Fete and the Christmas Luncheon Function in December.

<u>Hospitality</u> <u>Committee</u> continues to serve refreshments at Monthly Meetings, at other functions and where and when ever else members are required to assist.

Public Relations co-organised and co-assisted with hosting two events held in December designed to honour members. One was on the occasion of International Men's Day and the other was a tribute to our 80+ year old members who have served for a while and were exempted from paying the monthly membership fee.

In February the Public Relations Team became a reality when Carol Bain and Claudette Aberdeen-Lewis joined PRO Annette Young who had been executing her duties 'solo' for several years. The expanded group promptly got down to serious work. They achieved the following:

- Hosted a tribute to female members on International Women's Day in March;
- Co-ordinated the Zone's roles and functions in the funeral programme for Lynette Grace Hayes-Dalzine - Choir Head;
- Assumed responsibility for maintaining and displaying our Albums, and continue to:
- Maintain email communication with Head Office and general membership;
- Assist with placing information on our Facebook page;
- Assist with communication via What's app; and
- Liaise with the media, community organizations and other interest groups.

<u>Service Committee</u> spearheaded the Zone's contribution to the Arima Borough Corporation's Collection Project to aid ravaged Dominica. This hardworking group also hosted in November 2017 a Fund Raising Raffle funds from which were used to host the December Children's Christmas Treat. They distributed tokens of appreciation to former Zonal Committee and Heads of Committees and actively continue to provide health protection services such as Dia Scan, Blood Pressure, Random Blood Pressure Tests and give tips on weight loss, diet and exercise management.

Another of their special projects was the awards ceremony at which seventeen (17) successful Secondary Entrance Assessment Students (members' grandchildren) were given appropriate gifts to help equip them to enter Secondary School. Some of the highlights of that evening were:

- Distribution of specially chosen and valuable gifts donated by our members;
- The presence of one of the recipients who is a resident of the Joshua Home for Boys located at Santa Rosa Heights. The decision of the Home's Management for this boy to actually attend the event shows the extent of confidence they have in our Service Committee who has for years been a sponsor to the Home;
- Attendance by TTARP's Honorary Secretary Mayling Younglao who expressed great admiration for EAAZ's organization and hosting of this very uplifting project;
- Expressions of gratitude from some of the previous SEA awardees;
- A deeply inspiring verbal presentation by Motivational Speaker EAAZ member Francica Lewis;
- Presentation by member Jacqueline Philip of a beautifully made and decorated cake to one of the students. The gesture by Jacqueline has now become an annual tradition; and
- Service Committee will host an event to pay tribute to our member Thelma Waldron who will soon celebrate her 100th birthday.

In November the **Tours Committee** provided transport to and from the Calypso Show at the Government Plaza. In conjunction with the La Brea Zone an outing to the Valencia Eco Centre took place in March. Again on 31st March transport was arranged to and from NACC/TTARP Cultural Show.

In April there was an outing to Vessigny Beach. Good weather, pleasant surroundings and good food and drink all helped to make this a truly wonderful day.

Tours Committee in collaboration with a well-known Travel Service coordinated a trip to Barbados where everyone had a great time. A trip to Matura for a river lime became a reality in August. Efforts are being made to visit the Sandy Hill Recreation Park in Freeport as soon as possible.

Special Accomplishments

(i) Birthdays are usually occasions for celebrations and our sixteenth (16th) anniversary was no exception.
 <u>The Four Fridays in July</u> – our birth month saw specially organised functions such as:

The regular Monthly Meeting; Service Committee's fund raising Raffle Draw/Pot Luck, Drama, Karaoke, Comedy & Humour and a musical show featuring talented Violinist Mr. Anselm Walters and Pannist Ms. Mahalia Thomas.

- (ii) Several members are involved in setting up and supervising the Zone's creative display at TTARP's 25th Anniversary Exposition.
- (iii) Chairman, Peter Nock and PRO Annette Young represent us at Head Office's Zonal Committee Heads scheduled meetings.
- (iv) Considerable attention is given to the practice of good healthy Internal Relations such as telephoning and visiting sick members, conveying greetings via cards, attending members/members' relatives funerals. Three of our members "passed away" between November 2017 and April 2018. They

were June Ramie-Parris, Augustine Mendoza and Lynette Dalzine whose seven (7) years membership and service was very much appreciated.

Conclusion

EAAZ will conduct Elections in October 2018 when the two (2) year term of office of the currently serving Zonal Committee comes to an end. The membership will decide whom it wishes to lead us into the future.

On behalf of the 2016-2018 Zonal Committee and all Heads of Committees, as Secretary, I wish to say sincere thanks to all members who assisted and cooperated in any way to make our tour of duty as productive and purposeful as it has been.

Respectfully submitted by Ms. Lynette Maule, Secretary of the Arima "Eastern Angels" Zonal Group.

Arima "Eastern Angels" Zonal Group holds their general meeting on the 1st Friday of each month at the Arima Tennis Court at 3:00 p.m. and every Friday (weekly socials) at the same venue from 1:00 p.m. to 6:00 p.m.

BELMONT ZONAL GROUP

Events we organized and participated in from September 2017 to August 2018 are as follows: -

- We had a fun filled day at the Carib Indigenous Peoples Celebration in Arima on 13th Oct 2017;
- We hosted our Chinese Tea Evening on 28th Oct;
- Dined with our Senior Citizen in Belmont and environ on 25th Nov;
- Children's Christmas Party 3rd Dec;
- Annual Christmas get together 9th Dec;
- In-house Calypso Competition 23rd Jan 2018;
- Calypso Tent Lime 30th Jan;

- Annual Hollows and Hat Parade Lime with lots of games for everyone 7th Apr;
- Thanksgiving Breakfast 28th Apr;
- Down The Island Tour 30th May;
- Mother's and Father's Day Function15th June; and
- Visited Lopinot Historical Park 30th June;

With all this done our Queen still have time to put in Games Evening at least once every two (2) months. We walk with whatever to share. It's a fun evening where we play cards, monopoly just to mention a few.

Membership

The B's were able to gain at least thirty-one (31) new members for the year so far. We will continue to buzz. Unfortunately, this year we lost our Treasurer, Marlene Griffith. May her soul rest in peace.

Upcoming Events

1 st Sept.	- Make and decorate a tree
18 th Sept.	- Meeting and Lecture.
21 st Sept.	- Independence Celebration
30 th Sept.	- Fun Lime
23 rd Oct.	- Meeting and lecture
24 th Oct.	- Fun and Games
27 th Oct.	- Indian Tea Evening
27 th Nov.	- Seniors Citizens Day
2 nd Dec.	- Children's Christmas Party
8 th Dec.	- Annual Christmas Get-together

Belmont B's Zonal Group have meetings on the 4th Tuesday of each month at St. Colm's Hall Belmont Circular Road, Belmont.

Respectfully submitted by Ms. Winnifred Judy Forde, Secretary of the Belmont "Bees" Zonal Group. Belmont "B's" Zonal Group holds their meetings on the 4th Tuesday of each month at Colm Hall, Belmont Circular Road, Belmont at 5:00 p.m.

CENTRAL ZONAL GROUP

Central Pride is based at the Central Indoor Sport Arena, Manic Street, Chaguanas. Activities include Yoga and Aerobics on Tuesdays from 9:30am to 12:00noon and Tai Chi and Choir Practice on Thursdays from 10:00am to 12:30pm. One of our activities **"Self Defense for Seniors"** had to be cancelled as the original interest shown was not sustained. Board meetings are held on the last Tuesday of every month. Extraordinary Board, Entertainment and Fundraising Committee (EFR) and Asset Committee meetings are held as the need arise. Interactive meetings, held every two months, are well attended and conducted in a manner to encourage full participation.

On September 05th 2017, Central Zone recommenced activities after the August break. The period under review proved to be quite hectic, as our members fully participated in the activities planned. One of our major events was our AGM held on Thursday 24th May, 2018. Mrs. Mayling Younglao, TTARP's Honorary Secretary, officiated as the Presiding Officer. The under mentioned persons were elected for a two-year period in accordance with TTARP's Bye Laws.

Secretary	Mrs. Lynette Drakes- Brown
Asst. Secretary	Ms. Tessa Bruno
Asst. Treasurer	Ms. Ann Williams
Committee Member	Mrs. Janet Rawlins
Trustee	Mrs. Lisa Johnson

The following persons make up the Board for the 2018 -2019 term

Chairperson	Ms. Faith Calliste	
Vice-Chairperson	Mrs. Victoria Griffith (died July 18 th)	
Ag. Vice- Chairperson	Ms. Janis David (decision taken at	
	Board meeting held July 30 th 2018)	
Secretary	Mrs. Lynette Drakes-Brown	
Asst. Secretary	Ms. Tessa Bruno	
Treasurer	Mrs. Portia De Silva-Ifill	
Asst. Treasurer	Ms. Ann Williams	
PRO	Mrs. Yvonne Knights	
Trustee	Ms. Janis David (up to July 29th 2018)	
Ag. Trustee	Ms. Theresa Williams (in lieu of	
	Ms David effective July 30 th)	
Trustee	Mrs. Lisa Johnson	
Committee Member	Ms. Lynda Richards	
Committee Member	Mrs. Cynthia Amoroso	
Committee Member	Mrs. Carol Huggins-Benjamin	
Committee Member	Mrs. Janet Rawlins	
Committee Member	Mrs. Kathleen Meharris	

Social Events:

- On September 14th 2017 approximately sixty (60) of our members journeyed to the Centre of Excellence, Macoya, to participate in TTARP's AGM. Members met, mingled and greeted others from the various zones who came together in a spirit of camaraderie to participate in the meeting.
- 2. On September 23rd 2017 we held a fund raiser for the zone. This event was held at the Chaguanas North Secondary School, Lange Park and featured three plays performed by the Strolling Players – Pahyol, Mamaguy and the Servant. This proved to be quite a successful event as persons turned up in their numbers to enjoy an evening of fun and laughter with the Players. They were not disappointed.
- On November 25th 2017 a grand Bingo was held at the Chaguanas North Secondary School, Helen Street, Lange Park. This proved to be an eye

opener as we attracted a rowdy 'bingo crowd'. The day was indeed a learning experience.

- 4. On December 7th 2017 approximately one hundred (100) members enjoyed a delicious Christmas Lunch at the Bougainvillea Restaurant in Couva. Members were pleased overall with the ambience and the meal. There were four (4) Door Prizes courtesy TTARP (Head Office), XTRA Foods, the Zonal Executive and the EFR Committee.
- 5. The Meharris' residence came alive with sweet soca music from our resident DJ. Mr. Michael Lawrence on February 7th 2018. Members participated in our semi inclusive Carnival Cooler Lime. The ole mas, though few in numbers, proved to be witty and quite creative. It was a day well spent in a cool and relaxing environment.
- 6. On March 7th we were once more on the move as seventy (70) of our members visited the Green Pastures Estate in Cunaripo. On arrival we were greeted with fresh citrus fruits courtesy our hosts. After relaxing and enjoying our meals, members indulged in various activities. Some enjoyed the cool waters of the swimming pools, others visited the mini zoo, the fish ponds, explored the nature trails or simply enjoyed each other's company. Several persons bought citrus fruits, cassava or dasheen, which were available for sale.
- 7. On June 6th ninety-three (93) members and wellwishers visited La Playa del Este resort in Salybia. We departed Chaguanas at 8:45a.m and arrived at the resort two (2) hours later. We had a welcome drink, enjoyed the delicious lunch inclusive of dessert prepared for us at the resort and then set out to enjoy the various facilities. Some members enjoyed the man- made water fall and the swimming pools, some enjoyed the Jacuzzis, the

hammock deck, the beach or the serene environment. Others tried to enjoy a bit of everything. All too soon the day came to an end and at about 3.30p.m we boarded our maxis bound for home.

8. On July 7th we held a Fashion Show and Tea Party called 'An Evening of Fashion, Entertainment and Eats' at the Arena. The theme was 'Live, Love and Laugh'. The programme brought the theme to life as it comprised inter alia of singing, two (2) dance demos – the Cha, Cha, Cha and Castilian - Drumology, steel band music, comedy and modelling in Casual, Elegantly Casual, Ethnic and Formal wear, inclusive of a wedding party. At break time a delicious Tea Plate and hot or cold drinks were served. The DJ was our own Michael Lawrence. Congrats to the organising team for a job well done.

Birthday Celebrations:

The Golden Voices, our In house Choir, held their Quarterly birthday celebrations on November 30th 2017, March 22nd and July 19th 2018. On November 30th 2017 we combined the celebrations with the festive season and again on July 19th 2018 we enjoyed a <u>'Christmas in July'</u> with all the festive trimmings. Both events proved to be very entertaining as members delighted in the Christmas fare and sang and danced to their hearts content.

Interactive Meetings:

In 2017, meetings were held on September 7th and November 7th. In 2018 we held meetings on January 16th, March 15th, May 8th and July 12th. At each meeting our Guest Speakers brought us pertinent information relating to Insurance Plans for Seniors, Alzheimer's Disease, Entrepreneurship, Principles of Healthy Lifestyles and Getting Comfortable with Technology. All meetings included a question and answer segment where members were able to obtain answers to various questions. Up to date reports on our finances were given by our Treasurer, Mrs. Portia De Silva-Ifill.

Outreach Events:

Our Outreach activities included: -

- Our annual visit to the Beckles Street Home for the Aged on December 13th 2017 when some members of the Board and the Golden Voices entertained the residents with songs and provided a sumptuous Christmas lunch and tokens. We thank TTARP (HO) for the tokens they donated which included toiletries and small foodstuff items.
- b. Visits to our 'shut ins' were done on May 24th after our AGM and on July 5th when members of the Golden Voices visited and entertained Mrs. Eileen Chrysostom and Mrs. Jeanette Bowen respectively, two of the Voices who had undergone operations. They joined with us in songs. There was great camaraderie among the group. We took with us refreshments which were shared at the end of the sessions.

Other Matters:

10th i. On November 2017 our former Chairperson, Mrs. Janet Rawlins responded to an invitation by the Fyzabad Senior Citizens Association (FSCA) to speak at a Public Forum entitled 'Providing Care for the Elderly in the 21st Century' at the Fyzabad Regional Community Complex. Her talk related to her experience at the Chaguanas Senior Activity Centre and included inter alia the benefits of a Senior Activity Centre, the planning of events, the importance of proper record keeping combined with checks, balances, transparency

and accountability in the daily management of a Centre.

- ii. On Saturday February 24th 2018 some of our members joined with various TTARP members to attend a lecture entitled 'Empowering Elders in Later Years' at the Hyatt Regency Hotel, Port of Spain. The Guest Speaker, an Attorney at Law, provided pertinent information on various legal matters as, inter alia, the importance of making a Will while still of a sound mind, the Power of Attorney, the Mental Health Act and its implications and Human Rights for the Elderly.
- iii. On June 12th Faith Calliste, Chairperson and Yvonne Knights, PRO, of the Zone were Guest Speakers at a meeting of the Pioneers Women Support Group, Chaguanas. The topic addressed was TTARP, its objectives and the many benefits. We were able to attract a few new members, while others renewed their membership.
- iv. On July 18th 2018 our Vice Chairperson, Mrs Victoria Griffith, died suddenly in Grenada. Her funeral mass was held on July 31st at the Couva Roman Catholic Church. We wish to thank all those who took the time to express their condolences to the Zone and her loved ones. May her soul rest in peace.
- v. On July 26th Mrs. Janet Rawlins took over the reins of Chairperson of the Entertainment and Fundraising Committee due to the continued health challenges being experienced by the former Chair, Mrs. Eileen Chrysostom. We hereby extend heartfelt thanks to Mrs. Chrysostom for her guidance over the years and wish her a speedy recovery.

vi. Members have expressed interest in pursuing a Conversational Spanish programme as there are so many Spanish speaking persons among us. It is expected that this course will commence during October 2018.

Upcoming Events:

- a. On Saturday August 18th the ladies of the Self
 Defence for Seniors Programme will be
 participating in a Self Defence for Women Expo at
 the Mucurapo Secondary School.
- Members will be participating in TTARP's 25th
 Anniversary carded for August 25th and 26th at the
 Centre of Excellence, Macoya.
- Members will be attending TTARP's AGM carded for September 13th at the Centre of Excellence, Macoya.
- d. An Interactive Meeting is planned for September 18th. Arrangements are being made to source personnel from the Diabetic Association to discuss matters related to Diabetes Mellitus.
- We are planning a visit to the World Cocoa and Chocolate Day Festival on September 28th at UWI Auditorium, St. Augustine.
- f. Our Christmas Luncheon is carded for December
 6th. A venue is being sourced.

Conclusion:

On behalf of the Board, I hereby extend a heart-felt thanks to all who supported us during the period under review. Special thanks go out to our parent body, TTARP, the Entertainment and Fundraising Committee, that hard working team who 'fine-tune' our various activities to ensure that potential 'hiccups' are minimised, our Sponsors especially Phoenix Gas Processors and XTRA Foods Ltd., our members and our well-wishers for all the support given us and hope that it will continue well into the future.

Respectfully submitted by Mrs. Yonne Knights, PRO of the Chaguanas "Central Pride" Zonal Group.

Chaguanas "Central Pride" Zonal Group holds their interactive meetings every other month at 11:00 a.m. at The Central Indoor Sport Arena, Manic Street, (new Saith Park), Chaguanas.

DIEGO MARTIN ZONAL GROUP

Chairman, Members of the Head Table, Honored guests and fellow members. I am honored to present to you our Annual Report.

Western Pearls meet at the North Diego Martin Community Centre which is situated at Church Street, Diego Martin. Our General Membership meetings are held on the second Saturday of each month from 3:00pm- 5:00pm. The Executive meetings are held on the Monday prior to the second Saturday at 5:30pm.

Our membership keeps growing and we have approximately two hundred (200) registered members with attendance at meetings varying between seventy (70) to eighty-five (85) persons.

Our Present Executive Members are:

Chairman	Mr. Derek Paty
Vice-Chair Person	Mrs. Marlene Griffith
Secretary	Mrs. Barbara Andall-Francis
Treasurer	Ms. Kathleen Nelson
PRO	Mr. Anthony Daniel
Trustee	Mr. Neville Smith

Activities:

• In October 2017 we held our Take Away breakfast morning at West Bees Carpark Diego Martin.

- On November 25th 2017 we held our 7th Annual Christmas Luncheon at Powder Magazine Community Hall. Mayling Younglao of TTARP Head Office graced us with her presence. Music was provided by DJ Wajo and a Youth Steel Orchestra. A special gift was presented to Mr. & Mrs. Wilson on the occasion of their 50th Wedding Anniversary. Members enjoyed a sumptuous Christmas lunch and a good time was had by all present. There was also a presentation of door prizes.
- On December 16th 2017 some members went Mall hopping.
- On January 26th 2018 Western Pearls held its All Inclusive Barbeque lime.
- On March 18th 2018 we held our Thanksgiving Celebrations. Mrs. Meurice Alexander prayed and blessed the food.
- In April at our Monthly meeting Ms. Nicole Charles of Belmont spoke about her Private Taxi services for Senior Citizens at a reasonable cost.
- Also present was Mr. Andrew Francis of Duro Body Fitness Gym P.O.S. offering special discounts for TTARP members.
- On Friday 27th members journeyed to La Vega Estate for a day of relaxation. At the end of the day some members purchased ornamental and fruit plants.
- On May 26th Mothers/Father's Day was celebrated. Entertainment was provided by members. One member did a monologue which had us in stitches. Poems and modelling were also

included. Light music was provided and members enjoyed a delicious dinner.

- At our monthly June meeting Mr. Agustine Chin did a presentation on the benefits of herbs and samples of herbal drinks were provided.
- In July thirty members travelled to Tobago (12-17th) for the Heritage festival. From all reports a fun time was had by all including a Hawaiian party and beach limes.
- Another group (39 members) left on July 23rd for a ten-day cruise from Panama, Bon ire, Curacao.
 From all reports they enjoyed themselves.
- In August Western Pearls will be participating in the TTARP's 25th Anniversary Expo.

Future Projections for the Year 2018-2019

- September 2018 Attending TTARP's AGM;
- September 29th Breakfast morning and Cake Sale at West Bees Carpark;
- October 2018 Garage Sale (date to be announced);
- November 24th 2018 Christmas Luncheon;
- December 2018 CLOSED OFF; and
- January 2019 Election of Officers.

Respectfully submitted by Mrs. Barbara Andall-Francis, Secretary of the Diego Martin "Western Pearls" Zonal Group. Diego Martin "Western Pearls" Zonal Group meetings are held every 2nd Saturday of the month at 3:00 p.m. at the North Diego Martin Community Centre, on Church Street, Diego Martin.

FYZABAD ZONAL GROUP

A report on activities within our Zone for the period 2017 September to 2018 August.

On Thursday 14th September 2017 forty-eight (48) members participated in TTARP's AGM at the Centre of Excellence, Macoya.

Our Health Fair on Thursday 26th October 2017 was a resounding success. Most of this success can be attributed to Exhibitors such as Medical Associates Hospital, Alzheimer's Association, KDF & Associates, Diabetes Association, Siparia Health Facility, Ark Organic, South Western Division Police,

Our Christmas Dinner was hosted at FRCC on Thursday 30th November 2017 and patrons hailed from San Fernando and La Brea Zones. Guests were serenaded by our Choir and other entertainers. A sumptuous meal was served and everyone reported that they spent a wonderful evening.

A few days before Christmas, we enjoyed a Christmas / Birthday Party for members from September to December

On Thursday 25th January 2018 three (3) Maxis, full of members, journeyed to Icacos where we visited the Coconut Oil Factory, where we witnessed the processing of the coconut into Virgin Coconut Oil and the Regular Coconut Oil. To date we still supplied on a regular basis whenever needed.

It is said that if it is nice you do it twice. That was our experience on 2018 March 01st and 22nd when we visited Yerette, the Humming Bird Sanctuary, in the scenic and serene Maracas Valley. We are grateful to the Ferguson's for a Lecture, a light lunch and a video on this National Bird and also to observe them in their natural habitat. One member fell ill during our second visit, but the timely response by Mrs. Ferguson and Mrs. Baptiste in taking her to Mt. Hope Hospital, averted a potentially dangerous situation. She was warded for a few days.

Our Mothers' / Fathers' Day Tea Party and Fashion Show was held on Thursday 28th June 2018 at FRCC. Entertainment was provided by our Choir. One member formulated a Skit based on Mothers' Day and our some of our Models paraded in their own designs.

Members of our Zone visited the Emancipation Celebration on Wednesday 1st August 2018, at the Queen's Park Savannah.

The highlight of this year's activities is undoubtedly TTARP 25th Anniversary EXPO 2018 which was held at the Centre of Excellence on Saturday 25th and Sunday 26th August 2018. There was a large contingent of Exhibitors with lots of give-a-ways and prizes. The Brunch provided sumptuous meals, sing-along entertainment by Kenny J which resulted in a Conga Line, and performances by Chaguanas and Belmont Zones. Congratulations to Arima Zone for being judged the Best Booth. We must say "Hats Off" to Ms. Maylin Young and her Hard-working Team for a job Well Done. Can we have a Part Two next year? Just asking. Our current Executive Members are:

ChairmanMrVice-ChairmanMsTreasurerMrSecretaryMsAssistant SecretaryMs.Public Relations OfficerMrCommittee MemberMrCommittee MemberMrCommittee MemberMrCommittee MemberMrCommittee MemberMrCommittee MemberMrCommittee MemberMrTrusteeMrTrusteeMrTrusteeMrTTARP Executive Board MemberMr

Mr. Errol Baptiste Ms. Monica Nelson Mrs. Angela Young Lai Ms. Kay G. Francis Ms. Parmatie Geeta Deokiesingh Mr. Joseph Mc Gregor Mr. Randolph Dinnoo Mrs. Yvonne Creese Mrs. Margaret Telesford Mrs. Kate Rose Matthews Mr. Worrell De Boulay Mrs. Andrea Cummings Mrs. Judith De Boulay Mr. Neville Navarro

Upcoming activities include a Birthday Party on Thursday 27th September 2018 for celebrants from May to August and a Christmas Luncheon on Thursday 30th November 2018. Both activities are carded to take place at the Fyzabad Regional Community Complex.

Respectfully submitted by Ms. Kay g. Francis, Secretary of the Fyzabad "Evergreen" Zonal Group.

Fyzabad "Evergreen" Zonal Group holds their meetings on the 3rd Thursday of every month at Fyzabad Regional Community Complex (FRCC) at 10:00 a.m.

LA BREA ZONAL GROUP

As in our last AGM Report, La Brea Black Gold Seniors continue to come forward with enthusiasm and optimism to achieve our immediate goals and future endeavours.

In the last quarter of 2017, we had an In-house Bingo. The attendance was small but very entertaining and relaxing. The feedback from those present was to have another night of Bingo. We were privileged to have a presentation done by Ms. Kerlin Roberts James. The topic was Environment, Health and Safety. It was very informative.

Our Christmas Lunch and Birthday Celebrations were held on December 13th, 2017 at Viey La Cou, Bamboo Village, La Romain. It was a time of sharing, laughter and singing as we celebrated not only our members' birthdays but the birth of our Lord and Saviour, Jesus Christ. The year ended with an open house at our last meeting day.

Events/Activities in 2018

January 18th - A calendar of events was formulated for the first six (6) months of the year.

February 15th - In keeping with the celebration, we decorated our meeting place with a Valentine's theme. We started our post Valentine's Day celebration with a visit from three members of National Action Cultural Committee N.A.C.C followed by entertainment and refreshments.

March 06th - Our Annual General Meeting was deferred to April 19th, 2018 as some members would have been out of the country.

March 21st - Twenty- four (24) members journeyed to Valencia ECO Resort to partner with the Arima Zone Group. We were well received with a healthy and greatly appreciated breakfast after our long journey. It was a day well spent.

April 06th - <u>Charity Outreach</u> - We continue to assist those who have or live in challenging situations. We visited The Dorcas Home for the Elderly, donating not only material items but also sharing our love to the

residents. It was rewarding to see the joy reflected on their faces.

In **April** we also visited those members who were not enjoying the best of health and we did not go empty handed.

April 19th - <u>Annual General Meeting</u> - As this was not an electoral meeting, the present Executive remains in office. We had a lecture and demonstration done by Dr Sheldon Williams from the Williams Chiropractic Clinic, Point Fortin. He dealt with all aspects of the Skeletal System, Stress management and Sleep pattern. This was a very informative lecture with special emphasis as it pertains to our age group.

The month of **May** was preparation time for our upcoming event in June-: Mother's Day/ Father's Day Extravaganza.

June 02nd - Mother's Day/Father's Day Extravaganza -On Saturday 02nd, our planned event came into fruition and it was a great success. We had an increase in attendance as compared to the previous year. Our cast included -:

- Mr Damien Melville Master of Ceremonies;
- Mr Anselm Walters Violinist; and
- La Brea and Environs notable musicians, vocalists and dancers.

Point Fortin Active Seniors again partnered with us in the modelling and fashion segment. As customary, we portrayed poise, beauty and elegance. The program was enjoyed by all present and are looking forward to next year's event.

August 25th and 26th - <u>Display Booth at Expo 2018</u> - In this month we will have a display of craft, African wear, spa and facial demonstration and a presentation/ display by the Lake Asphalt Company. This is part of TTARP 25th Anniversary Expo 2018 celebrations.

September 21st- 25th - <u>Tobago Visit</u> - Sixteen (16) members will be visiting Tobago. We will be partnering with members of Tobago Coral Zone during this visit.

October 20th - <u>In-house Bingo</u> - A time for socializing. Those who wish to have fun and maybe win something can join us in La Brea.

December 13th - Our Christmas Lunch and Birthday Celebration. A venue is still to be determined.

Project – Home Ownership

We continue to work towards having a permanent meeting place. Looking at company sponsorship or others who are willing to assist with this venture.

Membership Drive

We welcomed eight (8) new members for the seven (7) months of the year. Though slow we are increasing our membership.

NOTE: LA BREA BLACK GOLD SENOIRS ZONAL GROUP

Meetings are held every 3rd Thursday of the month at 5:00 pm at the La Brea Community Centre, La Brea.

Respectfully submitted by Mrs. Yvonne Hendrickson-Marchan, Secretary of the La Brea "Black Gold" Zonal Group.

La Brea "Black Gold" Zonal Group meetings are held every 3rd Thursday of the month at 5:00 p.m. at the La Brea Community Centre, La Brea.

PRINCES TOWN/RIO CLARO ZONAL GROUP

My name is Mrs. Annmarie Paul-Roberts; I am the Secretary of the Princes Town /Rio Claro 'Royals'. I am proud, pleased, excited and filled with many other feelings that I can't express into words as I present this report today.

I bring you greetings from my TTARP brothers and sisters from Princes Town/Rio Claro 'Royals' and to, let you know that we are anxious to welcome you to our zone and spend a day or weekend...who knows!

I commence my report with the list of the present elected officers for the TTARP Princes Town /Rio Claro 'Royals'

- **Mr. Stanley Joseph** Chairman from New Grant Princes Town has been a member of TTARP since 2010.
- Miss Barbara Paynter Vice Chairperson, she is a long-standing member and has been a member of TTARP since 2003.
- Mrs. Annmarie Paul-Roberts Secretary. of New Grant, Princes Town and have been a member of TTARP for the last five years. I am pleased to say that I am here "till death do us part".
- Mr. Selwyn Bynoe Assistant Secretary, Diamond Village, San Fernando. Has been a member of TTARP for the past three years.
- Mrs. Patricia Noel Treasurer of San Fernando another has been a member of TTARP since 2005.
- **Mr. Ramchand Kalipersad** Public Relations Officer (PRO) of Rio Claro has been a member to TTARP for the past three years.

Currently, our active membership stands at thirty-one persons. However, the activities of the 25th Anniversary Expo - before, during and after we expect

that these numbers will drastically increase. I am pleased to state that members of the public have been enquiring and expressing their desire to join our group. As we all know the Expo was a brilliant idea well planned and executed. Congratulations are in order for all of us.

Achievements

Achievements for the period 2017 - 2018: -

- August 2018, a booth at the 25th Anniversary Expo. A 24 Cents per chance Raffle provided prizes of a Cell Phone, Microwave Oven, and a Blender.
- 2. May 2018 A visit the Emperor Valley Zoo and the Chaguaramas Boardwalk.
- 3. March 2018 attended NACC Vintage Calypso Show, NAPA POS
- 4. February 2018- attended Spectacular Tent "through the years".
- 5. December 2017- Christmas Luncheon at Laura's Place Princes Town.
- 6. October 2017 Fellowship at Phillips Pub, Gasparillo.
- 7. September 2017 Promotion and Outreach Drive in Rio Claro.
- 8. Every four months, Birthday Celebrations in Grand Style.

Future Plans

- Visit other zonal groups, in particular the Tobago Zonal Group.
- 2. September 15th, 2018 -Lecture on property tax
- 3. October 2018 a field trip to Toco to visit the light house then a refreshing sea bath.

- 4. December 2018 Christmas Luncheon.
- 5. Thanksgiving Church Service and Week of Activities for the 'Royals' Anniversary Celebration.
- 6. Visit to Senior Citizens Home within the Region.
- Anticipating the Annual All Fours Tournament. Our intention is to maintain our winning position that we claimed on the last occasion, held in Tobago.

In conclusion, I would like to state that 2017 -2018 was a good year for us, and we look forward to an even brighter and more prosperous 2018-2019. Our association is now 25 years old and we have done exceptionally well during this time. We support the construction of our new Head Office Building, and look forward to its completion. We continue to enjoy the numerous benefits derived from the being a member of Trinidad and Tobago Association of Responsible Persons.

I say TTARP Forever...TTARP FOREVER YOUNG!

Thank you, ladies and gentlemen Princes Town /Rio Claro, "Royals was in the House.

Respectfully submitted by Mrs. Annmarie Paul-Roberts, Secretary of the Princes Town/Rio Claro "Royals" Zonal Group.

Princes Town\Rio Claro "Royals" Zonal Group meetings are held every 3rd Saturday of the month at 2:00 p.m. at the Princes Town Senior Activity Centre, Cor. High Street & Lothan Junction, Princes Town St. St. Stephens Anglican Church compound.

SAN FERNANDO ZONAL GROUP

The Purple Diamonds Seniors San Fernando held its AGM on the 3rd July 2018 and the executives are as follows:

Chairperson	Norma George-Ochoa
Secretary	Maureen Taylor-Stephenson
Asst. Secretary	Gloria Edwards-Seebaran
Treasurer	Irmine Mc Kenzie
PRO	Hollis Clifton
Committee Members	Petrac Williams
	Ann Donawa
	Learie Reason
	Theresa Mcfarlane
	Eartha Ottley
Trustees	Antonia Holloway
	Jacqueline Philip
	Lenore Daly

Our monthly meetings are held at the Pleasantville Community Centre, Pleasantville from 10:00 am to 1:00pm on the first Tuesday of each month. Executive Committee meetings are also held on the third Wednesday of each month.

From September 2017 to August 2018 membership grew tremendously. During the past year Purple Diamonds welcomed eighty-five (85) members to its zone. For the past five (5) months there was an average of one hundred (100) in attendance at our regular meetings.

Activities

During the past year we visited various places of interest such as:

- Brasso Seco Estate
- Citrus plantation at Carapal
- Las Cuevas Beach

- Santa Cruz Green Market
- Valencia Eco Resort
- Asa Wright Centre
- Mt. St. Benedict

Our Christmas Luncheon was held at Viey La Cou Restaurant, Duncan Village, San Fernando. Members enjoyed the food, drinks and the surrounding ambiance. They were also serenaded with live music along with a DJ in attendance.

Birthday celebrations were held in the months of March, June, September and December.

Purple Diamonds held its thanksgiving on the first meeting day of 2018. There was an outpouring of testimonies and prays by members after which eats and drinks were served to all in attendance. Members left feeling very satisfied.

February - Line dancing was introduced to our zone which was well supported and appreciated by members.

March - Members of Purple Diamonds visited the Lady Hochoy Home at Gasparillo. A presentation of sanitary items, groceries and cash were made to the children.

April - Zumba classes and learning to play the steelpan was introduced to the group and was well supported by all.

May - There was the mother's and Father's Day celebrations which was a very successful and well supported event. There were many artistes in attendance who sang songs much to the delight of members. There was also a stunning g performance by the Purple Diamonds Line dancing group. August - Emancipation celebrations at Port of Spain.

Future Activities:

September - Visit to Angostura factory and La Vega Estate

October - Wellness Day and Visit to Lopinot and First People Museum

November - Visit to the Craftmarket and Mall visits. December - Mall visits and Christmas Luncheon.

In conclusion it can be said that the Purple Diamonds group had a very fruitful year in being able to enroll many members monthly and trust that it will continue.

Respectfully submitted by Mrs. Maureen Taylor-

Stephenson, Secretary of the San Fernando "Purple Diamonds" Zonal Group.

San Fernando "Purple Diamonds" Zonal Group meetings are held every 1st Tuesday of the month at 10:00 a.m. at the Pleasantville Community Centre, Pleasantville.

SANTA CRUZ ZONAL GROUP

Activities

September 2017 to December 2017: -

- Empathy shown for ill members who are no longer available to attend meetings. (Cards and fruit baskets delivered to them);
- Donations were made to assist in hurricane relief efforts. Members contributed generously;
- Cruzers gave thanks with their anniversary thanksgiving celebration in October. Members prayed an enjoyed a sharing session;
- The cruzers presented hampers to needy families.
 Toys were also given;

- Annual Christmas dinner was well patronized and members and their guests had fun; and
- A successful fund raising raffle was drawn in December.

January 2018 to August 2018: -

- Fun filled Bingo in February where members won prizes.
- > Trip to San Fernando Hills in March.
- Day of fun and games in April.
- Overseas Trip to St Lucia in May.
- Tea Party and fashion show on 1st July. Mothers and Fathers were celebrated and tokens were distributed.
- Emancipation celebrations in July. Ethnic attire displayed and food and snacks of African origin shared.

Achievements and Accomplishments

- Encouraging the participation of members in activities, to keep them occupied and engaged.
- Successfully planned and executed the Christmas function in December 2017, Fund raising raffle in December 2017, in house bingo in February 2018, visit to San Fernando Hill and St Lucia in 2018, Tea Party and Fashion Show in July 2018.
- All golden members (80+ years) continue to be exempt from the payment of dues to the zone, in honour of their service and wealth of knowledge brought to the zone.

- Growth in membership as new members are always present at each meeting.
- Continuously investigating avenues to planning of tours for members to enjoy the outdoors.

Plans for September 2018 to August 2019

- 1. September 19th –Trip to Balandra
- 2. Zonal Anniversary Celebrations (October)
- 3. Financial health seminar (November)
- 4. Christmas Dinner (December)
- 5. In house Ole Mas Competition (February)
- Indoor games for members to enjoy meetings Bingo, scrabble etc
- 7. Tours to factories.
- 8. Know your country bus tour.
- 9. Overseas trip- Destination to be finalized by January 2019.
- 10. Story telling/ jokes event
- 11. Membership Drive

The Santa Cruz Zone provides experiences for our membership so that they can socialize in an atmosphere where camaraderie and friendship prevails. We intend to continue to engage our members in activities that encourage healthy lifestyles, positive growth and ENDLESS FUN!!!!

Join us at one of our many activities.

Present Elected Officers of TTARP Santa Cruz Zone

Chairperson	- Ms. Yvette Wright
Vice Chairperson	- Ms. Cynthia Sifontis
Secretary	- Ms. Charmain Maule
Assistant Secretary	- Ms. Brenda Agard
Treasurer	- Ms. Brenda Sydney
Assistant Treasurer	- Ms. Joan Bates-Davis
Communication Officer	- Ms. Loama Warner
Trustees	- Ms. Naomi Mclean
	- Ms. Euphemia Durant

Respectfully submitted by Mrs. Wette Cupidore-Wright, Chairperson of the Santa Cruz "Cruzers" Zonal Group.

Santa Cruz "Cruzers" Zonal Group meetings are held on the 4th Friday of the month at 5:30 p.m. at the Bourg Mulatresse RC Parish Hall, Santa Cruz.

TOBAGO (HAPPY HAVEN) ZONAL GROUP

INTRODUCTION

Members of the Corals Zone take great pleasure in presenting yet another Report on our Activities and Achievements during the respective period.

Our meetings are held on the second (2nd) Saturday each month, in Signal Hill, Tobago, and a total of between thirty (30) and forty-five (45) Members usually participate in these highly interactive sessions.

Details of our current Executive are as follows:

POSITION	MEMBER'S NAME
Chairperson	Selby Cole
Vice-Chairperson	Joan Brathwaite
Secretary	Rawle Anderson
Treasurer	Miriam Edwards
Assistant Treasurer	Joycelyn Legerton
Public Relations Officer	Rudolph Hypolite
Trustee	Paul Goddard
Trustee	Pamela Hepburn

Activities/Events and Outings

Some of the Activities carried out during the current period have been: -

- Our annual Valentine's Day Celebration, in February, at which we entertain ourselves with song, dance and poetry;
- A Mothers' Day Luncheon, at the Fairways Restaurant, Magdalena Resort, in May;

- A day of Fun and Games, in honour of Fathers, at the Pigeon Point Heritage Park in June; and
- A visit to the Corbin Wildlife Center, in Mason Hall, Tobago, in July. At this venue, Members were able to observe such animals as agouti, tattoo, wild hog etc. in their normal habitat, as well as learn some of the interesting characteristics of these creatures.

Lectures/Presentations

- In the early part of the current year, Members learned many pertinent details about the kidneys in a Lecture on Renal Failure. The great value of drinking plenty of water daily was also repeatedly stressed by the District Nurse who gave the Presentation.
- Our Group was also fortunate to receive a very interesting Lecture from one of our own Members on the values of various salads. Actual examples were displayed at this Session.

Community Outreach

- ✓ A new aspect of our Outreach efforts is that of visiting Seniors' Homes in our locality. With the consent and approval of the Authorities of these Establishments, we visit, chat, sing and pray with the Residents one by one, or in little Groups. This Activity has proven to be as satisfying an experience for us as it appears to bring joy to those we visit. For some of them, it certainly gives them a chance to share their views and speak openly. Our visits usually include a donation or some other tokens to the Homes to which we go.
- Each year now, our Members also choose a Church in our area, and, just as in the case of visits to Senior Homes (above), having complied

with the necessary protocols, we worship with the Church's brethren at one (1) of their Services. It is our belief that this togetherness shows our Association to be at one with our fellow Villagers. Indeed, at each Church we worship, we are also worshipping with some of our own Members who are part of that particular Congregation. During the proceedings, our Group is generally allowed to make some remarks and explain the reasons for our visit (including a chance to explain the benefits of our Organization). These visits also help us to understand the messages and intentions of the persons with whom we worship, and proves to us-time and time againthat we all really are one.

 A Committee of several dedicated and caring Members regularly visits or otherwise keeps in contact with our sick or incapacitated Colleagues. This is also considered by us to be a form of Community Outreach.

Future Plans

Our Zone is presently putting into place a system whereby we will keep in touch, on a daily basis, with those of our Members who live alone. Given the name a <u>"Buddy Project"</u> by one (1) of our Group, we are convinced that this initiative is necessary and vital in this changing world of ours.

Acknowledgements and Conclusion

This Report has reached its conclusion. We sincerely hope that the details you have seen have given you, dear Reader, an insight into "what makes the Members of the Corals Zone tick". As is customary, the engine room at Head Office is always there to advise and assist us in any matter about which we require further information, and, for this, we always in their debt. In addition, we wish to express our gratitude to the Parent Body Executive for its continual guidance on the way forward. May this wonderful Organization to which we belong continue to grow from strength to strength, as the years go by.

Respectfully submitted by Mr. Rawle Anderson,

Secretary of the Tobago "Corals" Zonal Group.

Tobago (Corals) Zonal Group meetings are held every 2nd Saturday of the month at 3:00 p.m. at the Happy Haven School, Signal Hill, Tobago.

TOBAGO (PEMBROKE) ZONAL GROUP

A pleasant day to all fellow TTARP members.

The Pembroke "Cultural Stars" Zonal Group began this period, after being on holiday in August 2017, with plans for our Annual Variety Concert.

Our General Meetings are held on every 2nd Mondays of each month at the Pembroke Community Centre. Wednesdays are our Activities/Social Evenings: such as Dancing, Exercising and 4th Mondays our craft and game evenings.

Annual General Meeting

Our Annual General Meeting was held in May 2018. Members of the Executive are as follows: -

Mrs. Lecia Ross, - Chairperson Mrs. Agnes Alfred, - Vice Chairperson Miss. Carmen Charles - Secretary Mrs. Gloria Andrews - Asst. Secretary Mrs. Umilta Edwards - Treasurer Mrs. Christa Stewart - Trustee Mrs. Eslyn George - Trustee Mr. John Davis - PRO Mrs. Merle Romeo - Events Coordinator Mrs. Eura Cornwall - Committee Member Ms. Joyce Forde - Committee Member Miss. Mona Phillips - Committee Member

Miss Wilma Reid	- Committee Member
Mrs. Juliet Murray	- Committee Member

Community Outreach Programme

This involves visits to the sick and immobile/shut-in persons in our community on the 1st Wednesday of every month, where we offer prayers and songs, at the end a hamper is given to the family.

We continued to worship with members from different religious persuasions, where we participate by request, in doing an item or read a passage of scripture.

Program of Activities

September 2017 – Twenty-three (23) members attended Trinidad and Tobago Association for Responsible Persons Annual General Meeting which was held on Thursday 14th September 2017.

October 2017 – No activity was done, since we were preparing for our Annual Variety Concert.

November 2017, the group again held its "Annual Variety Concert" on 26th November 2017, at the Glamorgan Community Centre. Dr. Agatha Carrington, Secretary of Health, Wellness and Family Development, Tobago House of Assembly was in attendance. This was televised by our local TV station and the Division of Health, THA website.

January 2018 – Our Christmas Luncheon was held with friends and family at the Magdalena Hotel. Where we were entertained and had exchange of gifts among members.

March 2018 – Mrs. Lecia Ross, Vice Chairman participated in the Senior Citizen Debate held by the Division of Health, Wellness and Family Development on the topic "Aging Unit Senior Debate".

April 2018 – An invitation was received from the Secretary, Division of Health, Wellness and Family Development for members to attend a meeting to deal with "Aging". From this meeting the Tobago Association of the Elderly (TATE) was formulated. This group is planning to attend a conference in Martinique on October 2018, which is held by AMBOR.

May 2018 – Our Group was again invited by the Senior Citizens Group of Bon Accord to join them on their Annual trip to Buccoo Reef, Nylon Pool and No Man's Land, We had a refreshing bath at Nylon Pool, and then at No Man's Land, we were entertained by D. J. music and followed by a sumptuous lunch. It was indeed a "fun-filled day".

May 2018 – Over Twenty-nine (29) members of our group and families went on a "Know your Island Tour" of Tobago on 31st May 2018. We travelled from Scarborough to Crown Point, Buccoo, Mt Irvine, then to Plymouth where we had lunch. After, we continued to Castara, through the Rain Forest to Roxborough and back to Scarborough. We had an awesome and informative day.

June 2018 - Members celebrated Mothers/Fathers' Day with a Luncheon at our meeting place. Members were serenaded by our calypsonian "Rio ". All persons present were given a token of appreciation. Hampers were given to the Mother and Father of the Day and the best dressed male and female.

August 2018 – Members attended the 25th Anniversary of TTARP'S EXPO which was held on 25th – 26th August, 2018, at the Centre of Excellence, Macoya, Trinidad. Sorry we were unable to showcase our booth because of transportation problem.

For the period September to November 2018, we will be preparing for our Annual Variety Concert, which will be held on Sunday 25th November 2018. An invitation is extended to all.

Our membership has increased by ten (10) new applicants for the year. We presently have over fifty (50) financial members on roll with an average of twenty-five to thirty members attending meetings.

On behalf of our members, I would like to thank the staff of the Head Office (TTARP) for all their support and guidance which we received throughout the year.

Finally, we thank Almighty God for continued Health and Strength.

Respectfully submitted by Ms. Carmen Charles,

Secretary of the Tobago - Pembroke "Cultural Stars" Zonal Group.

Tobago (Pembroke "Cultural Stars") Zonal Group meetings are held every 2nd and 4th Mondays of the month at 3:30 p.m. at the Pembroke Community Centre, Todd Street, Tobago.

THANKS

Special thanks to our Patron Her Excellency Paula Mae Weekes, The President of Trinidad and Tobago for her attendance at our 25th Anniversary at the Centre of Excellence on 25th August 2018.

Special thanks to all our Gold Exhibitors for their support. Thanks to all the Silver, Bronze and Premiums exhibitors as well as our many sponsors without your support the 25th Anniversary Expo would not have been possible.

Thanks to M&M Insurance Brokering Services particularly the staff of the San Fernando branch that continue to service TTARP members daily.

Thanks to Assuria for their assistance to TTARP Tobago members.

God's blessings and special thanks To Denise Joseph, Kern Williams, Candice Shade-Cooke, Kaneisha John-Baptise and Michelle Nunes for their commitment and dedication to their job.

To all our promoters answerable to Michelle I say thank you for carrying and keeping TTARP visible.

To all our volunteers mainly, Louise Quamina, Debra Antoine, Merle Henry, Patricia Hutchins and Pauline Lawrence. Thank you for making our work load lighter with your efficiency and personality.

To all TTARP members here present thank you for giving the executive members of TTARP the opportunity of spending this our golden years together.

THANK YOU!

Mayling Younglao Hon. Secretary. Dated this 30th day of August 2018

Appendix I

TTARP Budget Proposal/Recommendations for 2018/2019

Theme I: *Nurturing Our Greatest Assets* Key Result Area: *Sustainable Families and Communities*

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
The healthcare system will be sustainable and modern and deliver higher standards of healthcare	Improved Health Service Delivery	 (i) Creation of a National Health Database System and the issuance of a National Medical Card for persons 60 years and over; (ii) Inclusion of Alzheimer's medications in CDAP; (iii) Establishment of a Special Diabetic Institute with emphasis on outpatient care and preventative medicine; and (iv) Hospitals and Health Care Facilities should have visiting Chiropodists (Podiatrists) at least once per month. 	(i) Persons should be required to apply for the National Medical Card at Health Centers throughout Trinidad and Tobago. TTARP can provide volunteer support at government health institutions and other facilities in Trinidad and Tobago.	 (a) Regional Health Authorities (Amendment) Act 2010 (b) Appropriation (Financial Year) Act
The people will be empowered to lead healthy lifestyles	Healthy Lifestyles Adopted	Priority should be given to (a) regular public health education programmes promoting healthy life styles, and (b) physical medicine comprising physical therapy, occupational therapy and speech therapy. When initiated early and successfully, can significantly improve the rehabilitative/curative outcomes for patients. This can also decrease the length of stay and re-hospitalisation of patients.	These programmes should be scheduled each month in various convenient and accessible locations throughout Trinidad and Tobago. TTARP can provide volunteer support at government health institutions and other facilities in Trinidad and Tobago.	(a) Regional Health Authorities (Amendment) Act 2010 (b) Appropriation (Financial Year) Act
Social Services Delivery will be improved to better serve the needs of vulnerable groups	Enhanced Effectiveness of the Social Safety Net	The Pension Reform Working Group should review all aspects of Pensions and welfare Grants. TTARP should be represented on the Pension Reform Working group	Preparation of a Note for Cabinet appointing a representative of TTARP on the Pension Reform Working Group. TTARP is the largest representative of retirees and stakeholder group in Trinidad and Tobago and should be a stakeholder on the Pension Reform Working Group.	Not Applicable

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
Social Services Delivery will be improved to better serve the needs of vulnerable groups (cont'd)		In keeping with the revised Homes for Older Persons Act No. 20 of 2007, TTARP should be represented on the Ministry of Social Development and Family Services Oversight Committee.	Preparation of a Note for Cabinet appointing a representative of TTARP to be on the Oversight Committee.	Homes for Older Persons Act No. 20 of 2007.
Citizens will have access to adequate and affordable housing	Enhanced Effectiveness of the Housing System	Property Tax liabilities of house owners 60 years and over should be exempted or reduced based on an annual income below \$72,000.00	Annual assessment of persons who apply for the tax exemption or reduced property tax payment.	Property Tax Act

Theme II: Deliverance Good Governance and Service Excellence

Key Result Area: Full Participation and Citizen Engagement at all Levels

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
Public Service delivery will be customer- focused	A Customer-Centric Public Service	There should be dedicated trained staff at public service offices such as passport, driver's permit national ID cards etc., on special days each month to specifically treat with providing services to senior citizens.	Employment of staff that are trained in treating with the concerns of senior citizens in a dignified manner.	Appropriation (Financial Year) Act

Theme III: *Improving Productivity through Quality Infrastructure and Transport* Key Result Area: *A High Quality Resilient Public Utilities System*

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
A safe and operationally efficient transport system	Improved Access to a Quality Mass Transit System	A walk-over should be constructed for commuters using the Trinidad/Tobago Inter-Island ferry service in Port of Spain.	Allocation of Funds, together with the issuance of designs and construction contracts.	Appropriation (Financial Year) Act
An inter-connected well maintained transport infrastructure	A Modernized- Transport Infrastructure	Expansion of the Water Taxi Transport Service to Point Fortin, Central Cocorite and Carenage to relieve traffic congestion on the roads.	Allocation of Funds to purchase additional sea vessels and the employment of experienced staff.	Appropriation (Financial Year) Act

Theme IV: *Building Competitive Business* Key Result Area: *A Strong Competitive Economy*

V2030 Goals	National Outcomes	Proposed Initiative & Description	Implementation Strategy	Affected Legislation
A Business Environment that is Conducive to Entrepreneurship and Innovation	An Improved Environment that Promotes Innovation	TTARP be granted a postal rate reduction or exemption for its quarterly magazine which promotes local business opportunities to companies and TTARP members who patronise those businesses. This will facilitate wider distribution of the magazine both in Trinidad and Tobago to the growing number of TTARP membership	(a) The preparation of a Note for Cabinet granting the issue of a TT Post Permit Number to TTARP. (b) Issue of a TT Post Permit Number to TTARP.	 (a) Appropriation (Financial Year) Act. (b) Trinidad and Tobago Post Act Chapter 47:01

TTARP Offices

NORTH	#45 Tragarete Road, Port of Spain	622-9223 / 221-7771
SOUTH	M&M Insurance Broking Services Ltd. Room 303, Cross Crossing Shopping Centre, San Fernando	657-2256/2343
TOBAGO	ASSURIA Life (T'dad and T'go) Ltd. #20 Bacolet Street, Scarborough	639-3845

Zonal Group Contacts

Arima	Chairman – Mr. Peter Nock	718-9571	
Belmont	Chairman – Ms. Gloria Jones	620-1596	
Central	Chairman – Ms. Faith Calliste	386-8623	
Diego Martin	Chairman – Mr. Derek Paty	678-4139	
Fyzabad	Chairman – Mr. Errol Baptiste	753-9862	
La Brea	Chairman – Ms. Ezra Vaughn	389-8346	
Princes Town/ Rio Claro	Chairman – Mr. Stanley Joseph	446-6359	
Santa Cruz	Chairman – Mrs. Yvette Cupidore-Wright	386-7350	
San Fernando	Chairman – Mrs. Norma George-Ochoa	374-0709	
Tobago (Corals)	Chairman – Mr. Selby Cole	753-2760	
Tobago (Pembroke) Chairman – Ms. Lecia Ross780-3761			

TTARP...an Association of Responsible Persons

#45 Tragarete Road, Port of Spain Tel: (868) 622-9223 / 221-7771 Email: ttarp1993@gmail.com Website: www.ttarp.org



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